

CONTROLLED SUBSTANCES RESOURCES & SUPPORTS

Preventing the initiation of tobacco use in youth and young adults is key to reducing the numbers of future tobacco users in the province.

- [Tobacco & Vaping Resources for Teachers](#)
- [Healthier Together Schools](#)
- [Get ideas that work - Take Action - Healthier Together Schools](#)
- [Get the Facts About Vaping | Behind The Haze](#)
- [Resources – Physicians for a Smoke-Free Canada](#)
- [Preventing Youth Tobacco, Vaping & Cannabis Use](#)

Cessation

- [Tobacco Cessation Supports for all Albertans](#)
- [Healthier Together - AlbertaQuits](#)

Enforcement

Make a complaint to Alberta Health Services Law Enforcement

- [Tobacco, Smoking and Vaping Reduction Act – Enforcement Program | Alberta Health Services](#)
- [Contact Environmental Public Health](#)
- [Crime Stoppers – Alberta - 1-800-222-TIPS\(8477\)](#)

Signage Package

- [Smoking / Vaping Not Permitted](#)

Brain Development/Mental Health Resources

- [Unique, long-term effects of nicotine on adolescent brain](#)
- [Menglu Yuan](#)
- [Sarah J. Cross](#)
- [Sandra E. Loughlin](#)
- [Frances M. Leslie](#)
- [Nicotine and the adolescent brain](#)
- [Nicotine on the developing brain](#)
- [Depressive Symptoms and Cigarette Smoking in Adolescents and Young Adults](#)

Cannabis

- [Cannabis and the developing adolescent brain](#)
- [Cannabis and the developing brain: insights into its long-lasting effects](#)
- [Growing up high: Understanding the impacts of adolescent cannabis use on mental health and brain development](#)
- [Cannabis and adolescent brain development](#)

Legislation:

- [Alberta Cannabis Framework](#)
- [Canada Cannabis Act 2018](#)
- [Alberta Tobacco, Smoking and Vaping Reduction Act](#)
- [Alberta Tobacco, Smoking and Vaping Reduction Regulation](#)

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