

Hello Everyone, Autumn has definitely arrived! It seemed as though we might have frost here on the farm over the next two nights, but they have revised the forecast. We will certainly dip down into the thirties, but it looks like we may dodge the bullet. We will still cover a few of the more tender crops, such as the beans and the basil. The sweet potato leaves may get burned a bit, but it is time to harvest them anyway. We are almost done with digging the regular potatoes and with bringing in the pumpkins and winter squash. I had mentioned Silverqueen corn for the shares last week, but it seems that my crew had other ideas and sent a yellow variety. You will likely get the Silverqueen this time around. Almost every ear has a worm, so we are cutting off the tips to save you the mess. We have broccoli heading up prolifically at present so most groups should receive some, even if they had it last week. We will be finishing the zucchini-eggplant distribution and sending acorn squash this week. Much of it will be an heirloom white variety, which I find better than the traditional green types. There are also some ornamental gourds in the share- please do not try to eat these! We are finishing with the wax bean/edamame rotation that we began last week. The root vegetable of the week is the radish, which I know is not everyone's favorite. I always like to remind the members that they do not need to be eaten raw- they are great in soups and stir fries. When cooked, they lose their bite. We have a large planting of carrots that is about ready, so you can look forward to these during the coming weeks.

The share will be- Lettuce, sweet corn, scallions, broccoli, radishes, spinach, zucchini or eggplant, colored peppers, choice of arugula or tatsoi, acorn squash, ornamental gourds, and choice of an herb. Premium shares will also include broccoli raab and Flagrano beans- a shelled bean that is traditional in the French dish cassoulet. There will be hot peppers as an extra. Enjoy! Farmer John