



Autism Parent Training

Please note that the Kitsap County Parent Coalition does not necessarily endorse or agree with all content in all resources.

For additions or changes, please contact us at mhughes@hollyridge.org

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In Person Training

[Catholic Community Services](#) offers RUBI Parent Training

This program works with caregivers to find a treatment for behaviors targeted for reduction (meltdowns, hitting, kicking, screaming, running away). Each week, a new strategy is introduced and the therapist will coach the parent on how that strategy can best be used to meet treatment goals. The caregiver is working directly with their child and the therapist is coaching them through different treatment strategies.

To be eligible, the child must be enrolled in WISe services and the parent must understand that the program is time intensive.

Online Training

Kitsap County Autism Training

Upcoming events: <https://kitsapcountyparentcoalition.org/events/>

Recordings of past Autism Training sessions:

<https://www.youtube.com/playlist?list=PLXsfXGERInonbjvvNXU6WDrUwlMAEGLqk>

Autism 101

Building Trust and Relationships

All Behavior is Communication

Universal Design for Learning

Choice and Self Determination and How it Affects Executive Function

Parenting Across the Lifespan

IEP Goals

Fostering Independence

Preparing for Summer

UW Autism Navigation ECHO presentations

https://drive.google.com/drive/folders/1TrHh8IwyP_B7X6CwgjGtm4LO0xw9QYLN

Resources and presentations from

Communication and Autism Spectrum Disorder

<https://vimeo.com/514398225>

Conversations About Autism

<https://www.youtube.com/playlist?list=PLjvfRtcMhn4PB0NTW0RlvsMJGu1Csnn5S>

A series of 60-minute live-streamed sessions created for providers and caregivers of children with autism who wish to better understand the autism spectrum disorder. In these sessions, experts and advocates from our region share their knowledge and perspectives on autism as well as helpful tips for supporting a child, adolescent or young adult with autism.

Navigating the To-Do List After Your Child's Autism Diagnosis

<https://ontimeautism.org/>

4-week classes offered throughout the year for parents of newly diagnosed toddlers. Contact ontime@uw.edu for the next session.

Project ImPACT

<https://www.project-impact.org/>

Project ImPACT is a coaching program for parents of young children with autism and related social communication delays. Project ImPACT teaches parents strategies they can use to help their child develop social, communication, imitation, and play skills during daily routines and activities. Project ImPACT is supported by research and based on developmental science and applied behavioral analysis (ABA) principles.

Many classes have a fee, around \$675

TASK

<https://taskca.org/>

TASK helps families navigate special education, disability services and assistive technology. They have extensive [webinar recordings](#) and monthly training. They are based in California, so some benefits may not apply.

UC Davis Mind Institute ADEPT Autism Distance Education Parent Training

<https://health.ucdavis.edu/mindinstitute/centers/cedd/adept.html>

Kitsap County Parent Coalition

Free. 10-lesson interactive, self-paced, online learning module providing parents with tools and training to more effectively teach their child with autism and other related neurodevelopmental disabilities functional skills using applied behavior analysis (ABA) techniques. Classes are also available in Spanish and Vietnamese.

Communication Access Resources (AAC/Nonverbal)

<https://www.rootsofinclusion.org/this-is-not-about-me-resources.html>

Websites

Informing Families

<https://informingfamilies.org/topic/autism/>

Association for Autism and Neurodiversity

<https://aane.org/>

Autism Parenting magazine

<https://www.autismparentingmagazine.com/>

the first one is a free digital copy

Autism Research Institute

<https://autism.org/>

Autism Speaks

<https://www.autismspeaks.org/>

Autistic Self Advocacy Network (ASAN)

<https://autisticadvocacy.org/resources/>

Mary Bridge Autism Center

<https://www.marybridge.org/services/neurology/conditions-treatments/autism/>

University of Washington Autism Center (UWAC)

<https://depts.washington.edu/uwautism/>

WA Autism Alliance

<https://washingtonautismalliance.org/>

See Also:

- [Autism Diagnosis in Kitsap County](#)
- [Autism Therapy Service Providers in Kitsap County](#)
- [Resources for Autistic Adults in Kitsap County](#)
- [Understanding ABA for Parents Caregivers.docx](#)