Kitsap County Parent Coalition

Autism Parent Training

Please note that the Kitsap County Parent Coalition does not necessarily endorse or agree with all content in all resources.

For additions or changes, please contact us at mhughes@hollyridge.org

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In Person Training

Catholic Community Services offers RUBI Parent Training
This program works with caregivers to find a treatment for behaviors targeted for reduction (meltdowns, hitting, kicking, screaming, running away). Each week, a new strategy is introduced and the therapist will coach the parent on how that strategy can best be used to meet treatment goals. The caregiver is working directly with their child and the therapist is coaching them through different treatment strategies.
To be eligible, the child must be enrolled in WISe services and the parent must understand that the program is time intensive.

Online Training

Kitsap County Autism Training
Upcoming events: https://kitsapcountyparentcoalition.org/events/

Recordings of past Autism Training sessions:
https://www.youtube.com/playlist?list=PLXsfXGERlnonbjvvNXU6WDrUwlMAEGLqk

Autism 101	Building Trust and Relationships
All Behavior is Communication	Universal Design for Learning
Choice and Self Determination and How it Affects Executive Function	Parenting Across the Lifespan
IEP Goals	Fostering Independence
Preparing for Summer	

UW Autism Navigation ECHO presentations
https://drive.google.com/drive/folders/1TrHh8IwyP_B7X6CwgjGtm4LO0xw9QYLN
Resources and presentations from

Communication and Autism Spectrum Disorder
https://vimeo.com/514398225

Conversations About Autism

https://www.youtube.com/playlist?list=PLjvfRtcMhn4PB0NTW0RlvsMJGu1Csnn5s

A series of 60-minute live-streamed sessions created for providers and caregivers of children with autism who wish to better understand the autism spectrum disorder. In these sessions, experts and advocates from our region share their knowledge and perspectives on autism as well as helpful tips for supporting a child, adolescent or young adult with autism.

Navigating the To-Do List After Your Child's Autism Diagnosis
https://ontimeautism.org/
4-week classes offered throughout the year for parents of newly diagnosed toddlers. Contact ontime@uw.edu for the next session.

Project ImPACT
https://www.project-impact.org/
Project ImPACT is a coaching program for parents of young children with autism and related social communication delays. Project ImPACT teaches parents strategies they can use to help their child develop social, communication, imitation, and play skills during daily routines and activities. Project ImPACT is supported by research and based on developmental science and applied behavioral analysis (ABA) principles.

Many classes have a fee, around $675

TASK
https://taskca.org/
TASK helps families navigate special education, disability services and assistive technology. They have extensive webinar recordings and monthly training. They are based in California, so some benefits may not apply.

UC Davis Mind Institute ADEPT Autism Distance Education Parent Training
https://health.ucdavis.edu/mindinstitute/centers/cedd/adept.html

Kitsap County Parent Coalition

Free. 10-lesson interactive, self-paced, online learning module providing parents with tools and training to more effectively teach their child with autism and other related neurodevelopmental disabilities functional skills using applied behavior analysis (ABA) techniques. Classes are also available in Spanish and Vietnamese.

Communication Access Resources (AAC/Nonverbal)

https://www.rootsofinclusion.org/this-is-not-about-me-resources.html

Websites

Informing Families
https://informingfamilies.org/topic/autism/

Association for Autism and Neurodiversity
https://aane.org/

Autism Parenting magazine
https://www.autismparentingmagazine.com/
the first one is a free digital copy

Autism Research Institute
https://autism.org/

Autism Speaks
https://www.autismspeaks.org/

Autistic Self Advocacy Network (ASAN)
https://autisticadvocacy.org/resources/

Mary Bridge Autism Center
https://www.marybridge.org/services/neurology/conditions-treatments/autism/

University of Washington Autism Center (UWAC)
https://depts.washington.edu/uwautism/

WA Autism Alliance
https://washingtonautismalliance.org/

See Also:
Autism Diagnosis in Kitsap County
Autism Therapy Service Providers in Kitsap County
Resources for Autistic Adults in Kitsap County
Understanding ABA for Parents Caregivers.docx