

Start Your Free Indoor Herb Garden with Me!

All of my projects thus far have been personal, but I thought it would be fun to involve all of you in this next one. I do apologize for not starting this earlier, so unfortunately it will only be free for my warm-weather-residing brethren and sistren. However, I still encourage everyone capable of this project to give it a shot and send me pictures to be featured in future issues. This is a multi-week project, and so I will publish one phase each week for you to follow along.



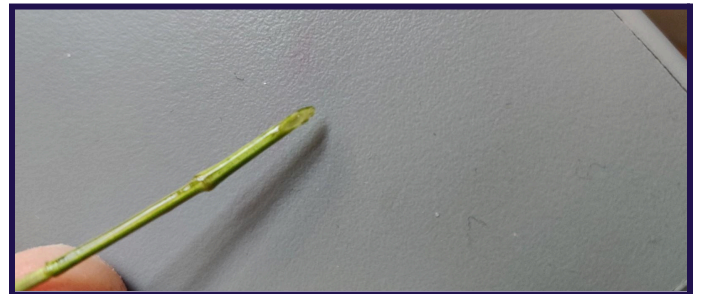
Materials for the first step:

- Scissors
- Herb cuttings
- Water
- Drinking cup

Step 1: Locate herb plants. Botanical gardens are probably your best bet. There is most likely a botanical garden in a 20 minute radius from you and usually entry is free. Once in the botanical garden, gently pinch

off a 6 inch cutting (not including flowers) of herbs of your choice. The image to the left and below is Mexican Tarragon. I visited the Latin American Ethnobotanical garden to procure my cutting. If herb plants in your area have lost their leaves, you can pick up a packet of herbs from the supermarket with excellent results.

Step 2: Now we're going to propagate the herbs. This means that we're going to stimulate the herb cutting to grow roots so that it can be planted in soil. To do this, strip off the bottom third of the leaves and use your scissors to make a diagonal cut at the end of the stem as seen below:



Step 3: Put the cuttings in the water (cut side down) and fill until the water is 1-2 inches below the first leaf. Now we wait until the next update.

