

Travel Considerations: For The Performer and any Travel Companions.

Support Items

- Large scarf/blanket
- Neck pillow
- Compression stockings
- Slip on/off shoes
- Foot sling or other way to elevate feet.
- Ear & eye protection
- Electrolytes
- Appropriate snacks

Wheelchair Travel Considerations

- Appropriate charger w/ appropriate voltage.
- Airtag & Tile
- Very well labeled case

Travel Timing

- Guidance on Arrival & Departure
 - For events of 3 or more days, or when travel is more than 3.5 hours door to door, arrive no less than 36 hrs before the event & depart no less than 36 hrs after.
 - For shorter events and when travel is less than 3.5 hrs door-to-door in duration, arrive the day before the event and depart the day after.
- Whenever possible, travel in the middle of the day/afternoon.
- Whenever possible, travel directly. When direct travel is not possible, limit transfers.

Types of Travel

- Planes:
 - If booking flights, book an aisle seat within 5 rows of a toilet with a seat pitch of no less than 79cm or 31in.
 - Book Passenger Assistance
- Trains:
 - Book Passenger Assistance.
- Local/Regional Travel:
 - No public transit unless it is actually more convenient than a car/cab.
 - Definitely don't take public transit alone.
 - Hire a driver or PA who drives for out of town gigs.
- International/Inter-Provincial Travel
 - Consider staying in an airport hotel the night before.
 - Consider buying lounge access