

RESEARCH ARTICLE/CONCEPTUAL ARTICLE/THEORETICAL REVIEW/SYSTEMATIC
LITERATURE REVIEW/CASE STUDY/META-ANALYSIS.

Article Title: Concise, Informative, and No More Than 15 Words

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► Write full names without titles. Mark the corresponding author with *. Include ORCID iDs where available.

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ARTICLE HISTORY (completed by the Editor)

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Abstract

Write a structured, one-paragraph abstract in English (150–250 words) covering: (1) background and objective, (2) method — design, participants, and measures, (3) key results with the main statistics, and (4) conclusion and implication. Avoid citations, abbreviations, and undefined terms.

Keywords: keyword one; keyword two; keyword three; keyword four

1. INTRODUCTION

► Build a funnel-shaped argument: broad phenomenon → recent empirical evidence → research gap → objective and hypotheses/research questions. State the urgency and novelty.

Describe the psychological problem under study and its relevance to one of the JSPS scopes (e.g., Clinical and Counseling, Cognitive and Personality, Developmental and Family, Social and Community, Educational and Industrial-Organizational, Health and Positive Psychology, Behavioral Neuroscience, Forensic and Cross-Cultural, or Digital and Technology-Based Psychology). Support it with empirical data and recent citations (Author, 2023).

Present the underlying theoretical/conceptual framework, review prior findings critically, and then articulate the gap that remains unaddressed.

Accordingly, this study aims to [state the objective]. The proposed hypothesis is [H1 ...].

2. METHOD

Study Design

State the approach (quantitative/qualitative/mixed) and the specific design (e.g., experimental, correlational, quasi-experimental, phenomenological, cross-sectional survey).

Participants

Report the number (N), demographic characteristics, sampling technique, and inclusion/exclusion criteria. State how the sample size was determined (e.g., power analysis, G*Power).

Measures

Describe each scale/instrument: name, developer, number of items, response format, a sample item, and evidence of validity and reliability (e.g., Cronbach's α) in the present sample.

Procedure

Describe the data-collection sequence in enough detail to allow replication, including online/offline mode, duration, and the informed-consent process.

Data Analysis

State the analytic techniques and software (e.g., SPSS, JASP, R, NVivo), the statistical assumptions tested, and the significance level ($\alpha = .05$).

Ethical Considerations

State the ethical approval (name of the ethics committee and approval number), data confidentiality, and participants' right to withdraw. Ethics No.: [...]

3. RESULTS

► Present findings objectively, without interpretation. Report full statistics (e.g., t , df , p , effect size d/η^2 ; or r , β , R^2) and use tables/figures where they add clarity.

Report descriptive statistics first, then the hypothesis tests. Refer to tables and figures in the text, e.g., "as shown in Table 1".

Table 1

Descriptive Statistics and Intercorrelations Among Variables

Variable	M	SD	1	2
1. Variable A	0.00	0.00	—	
2. Variable B	0.00	0.00	0.00**	—
3. Variable C	0.00	0.00	0.00*	0.00**

Note. $N = \dots$. $M = \text{mean}$; $SD = \text{standard deviation}$. * $p < .05$; ** $p < .01$.

[Insert Figure 1 here — Insert ► Pictures. Resolution ≥ 300 dpi, PNG/TIFF]

Figure 1. *Figure caption is placed below the figure (use italics for the description).*

4. DISCUSSION

► Interpret the results relative to the objective/hypotheses, relate them to theory and prior findings (support or contradict), then explain theoretical and practical implications, limitations, and directions for future research.

Summarize the main findings and their meaning. Compare them with the literature — do they support or contradict it, and why. Discuss the contribution to psychological science.

Implications. Explain the theoretical value and practical applications (e.g., intervention, policy, counseling practice).

Limitations and Suggestions. Acknowledge methodological limitations and propose future research.

5. CONCLUSION

State the answer to the research objective concisely (without statistics), followed by the key message and recommendations. Avoid repeating the discussion.

Declarations

Acknowledgements. *Recognize those who assisted the work (other than the authors).*

Author Contributions. *Detail each author's role (e.g., conceptualization, methodology, analysis, writing).*

Funding. *State the funding source and grant number, or write "This research received no specific funding".*

Conflict of Interest. *Declare whether any conflict of interest exists.*

Data Availability. *Explain how the data can be accessed, where relevant.*

6. REFERENCES

► Use APA 7th edition, alphabetical order, hanging indent. Provide DOIs as URLs. Every reference must be cited in the text, and vice versa.

Author, A. A., & Author, B. B. (2023). Title of the journal article in *sentence case*. *Journal Name*, 12(3), 45–60. <https://doi.org/xx.xxxx/xxxx>

Author, C. C. (2022). *Title of the book in italics and sentence case* (2nd ed.). Publisher Name.

Author, D. D. (2021). Title of the book chapter. In E. E. Editor (Ed.), *Title of the edited book* (pp. 120–140). Publisher Name.

[Add the next reference here ...]

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