Title:	**MHASA Camp 3.0**
Coordinator(s)	**Basant Ebrahim**
Participants	**30 participants**
Contact person(s)	**IFMSA Position:** Program Coordinator for Maternal Health and Access to Safe Abortion **Email:** maternalhealth@ifmsa.org

PROBLEM STATEMENT
Explain the Need/ Reason for the SWG

Maternal mortality and morbidity are significant global health challenges, as the World Health Organization [WHO] estimates that 830 women die daily from preventable causes related to pregnancy and childbirth. Women of reproductive age, particularly those living in low- and middle-income countries, do not have access to maternal health services and are the most affected by maternal mortality and morbidity. [1]

To avoid maternal deaths, it is vital to prevent unintended pregnancies. All women, including adolescents, need access to contraception, safe abortion services, and quality post-abortion care. We can not achieve this without playing our vital role as SRHR advocates and future healthcare providers and raising awareness about these issues.

BACKGROUND (OPTIONAL)
The background information supports the Problem Statement with an explanation on the current statistics and general overview of the current situation of the issue to be tackled

Most maternal deaths are preventable, as the health-care solutions to prevent or manage complications are well known. All women need access to high quality care in pregnancy, and during and after childbirth. While progress has been made in reducing maternal mortality over the past few decades, the rate of decline has slowed in recent years, highlighting the need for innovative approaches to improve maternal health outcomes.

As medical students and advocates, we must empower people to make informed and individual decisions about their body and health and break the taboos they are imprisoned in. Empowering those people to claim their reproductive rights cannot be achieved without promoting maternal health between the medical students themselves as **we cannot strive to make the world a better place while we are missing awareness ourselves.**

As a celebration of the International Day for Maternal Health and Rights,marked every year on the 11th of April, We would like to take a further step towards a world where maternal health is prioritized through **a three-day online capacity building camp** covering all the topics related to Maternal Health and Access to Safe Abortion.

GOAL(S)

Strengthen maternal health advocacy efforts through building the capacity of 30 medical students regarding the pressing issues and empower them to disseminate this knowledge in their NMOs and communities.

OBJECTIVE(S) AND INDICATORS OF SUCCESS

Please elaborate on the objectives of the SWG in a SMART way. Furthermore, please also elaborate on the Indicators of success for each objective or group of objectives. Indicators of success define the success of objectives upon implementation. They should be specific, measurable and neutral.

1. **Graduate a batch of 25-30 participants who are well-oriented about all the aspects and determinants of maternal health, by the end of April 2024**
   1.1 At least 70% of the participants show progress in their level of understanding of MHASA concepts when we analyze the responses of the pre- and post-assessment forms.
   1.2 At least 70% of the participants will have gained experience on how to conduct and coordinate campaigns and sessions

2. **To engage SCORAngels from different regions and variable levels of experience, by the end of April 2024.**
   2.1 At least 3 regions are represented in the camp.
   2.2 Conduct 2 regional sessions prioritizing Americas and EMR as the least engaged regions in MHASA.

3. **To cover all the program's focus areas in a simple and organized way, by the end of April 2024.**
   3.1 At least 1 topic under each focus area is incorporated

4. **To celebrate and appreciate the efforts that various NMOs have done in advocating for maternal health and rights, by the end of April 2024.**
   4.1 This will be through the Activities fair that will focus on highlighting the efforts of at least 2 activities from all the five regions and hopefully motivate other members to begin focusing on MHASA initiatives.

5. **To tailor the content to be user-friendly and inclusive on different levels, by the end of April 2024.**
   5.1 Using inclusive language throughout the whole camp
   5.2 Share the materials and survival kit after the camp.

6. **A follow-up plan will be created by the participants to be certain that they will make the best use of the info they gained, by the end of April 2024.**
   6.1 The selection of the participants will depend on how concrete, realistic, and impactful their follow-up plans are.

TARGET POPULATION AND BENEFICIARIES

Please mention the target group and beneficiaries of the SWG work. Who are the outcomes of the SWG targeted towards, and by extension, whom can it benefit.

- Maternal Health Advocates
- Medical Students
- MHASA Activity Coordinators
- LORAs, NORAs

METHODOLOGY/ GENERAL DESCRIPTION

[1]General description:

The Camp will consist of 3 days and each day will have a theme

Day 1: Mainly capacity building sessions regarding maternal health and some intersectional topics with other SCs.

Day 2: IPAS themed sessions and we will seek a collaboration with IPAS i that.

Day 3: We will devote this day for MHASA Activities Fair and Regional conversation to reflect and exchange ideas regarding MHASA situation in each region

This event will include but is not limited to:

- CB sessions
- Open space
- External sessions

- Soft skills needed in MHASA advocacy
- Parallel regional sessions organized by RAs, adapted on the respective regional needs
- Activity fair

[2] Selection:

2.1 Trainer/Facilitator

The trainers/facilitators selection criteria:

- Strong Motivation.
- At least 3 years of SCORA experience.
- *Good knowledge of the different Peer-Education and Advocacy methodologies.*
- *Innovative ideas to be incorporated*
- *Strong MHASA* related Experience.
- *Training/Facilitation Experience in SRHR topics*
- Member of IFMSA trainers' pool.

2.2 Participants

Number of spots: 25-30 participants.
Participants' selection criteria:

- Strong Motivation
- Good SCORA related Experience
- Concrete and impactful Follow-up plans.
- Basic MHASA related Experience will be an asset.

[3] Preliminary Agenda:

Full duration of the Camp: **22 hours**

Important notes:

1- This agenda is flexible and could be adjusted upon the inputs from the SCORA D, VPA, SCORA IT/PC, and the selected facilitators

	Session		Duration/session	Trainer/ Facilitator
First Day [MHASA CB Sessions]	**Reproductive coercion**		1 hrs	
	Dealing with sexuality in complicated pregnancies	**Empowered Birth** [Challenging OVHB]	1.5 hr	

	EDI in MHASA [In collaboration with IFMSA EDI coordinators]	1 hr	According to call selection results/ TBD
	Fertility Frontiers [Exploring Advanced Reproductive Technologies]	1 hrs	
	Maternal Health advocacy under the microscope	1hr	
	Beyond MHM [free bleeding and period sex] **Menstrual poverty**	1.5 hr	
Second Day [IPAS Themed Sessions]	**Abortion and me** [Determinants of personal opinions on abortion]	1 hr	
	Deep look into abortion and mental health [Ipas]	1.5 hr	
	Why did she die? [Ipas]	2hrs	
	Navigating Legal and Ethical Landscapes	1.5 hrs	
	The war of abortion advocacy [Ipas] [Develop responses to disapproving questions or comments]	2hrs	
Third Day	**Regional conversation on MHASA** [Parallel regional sessions organized by RAs, adapted on the respective regional needs]	2hrs	
	MHASA Activities Fair	3 hrs	
	Reflection and Goodbyes	1 hr	

Monitoring and Evaluation

Before the Camp:

- Make a WhatsApp group for the accepted participants in order to have better communication.
- Guide the participants to fill the pre-assessment form.

Within the Camp:

- Daily feedback from the participants.

After The Camp:

- Follow up closely with the participants through the buddy-system and make sure they conducted their graduation session.
- Encourage the participants to fill the post-assessment form.
- Send all the related materials and resources to the participants.
- Finalize the camp report along with SCORA CB DA.
- We will conduct refresher sessions to keep the participants updated.

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TIMELINE

The 11th of April	**Call for trainers and participants**
The 13th of April	**Call for activities fair**
The 17th of April	**Ddl the call for trainers and participants**
The 26th of April	**Ddl call for activities fair**
The 28, 29 & 30th of April	**Conduct the camp**

Resources:

1. https://www.who.int/news-room/fact-sheets/detail/maternal-mortality

IFMSA
International Federation of
Medical Students' Associations