

Terms of Use

Terms of Use

Effective Date: 20 August 2025

Welcome to Health Coaching! By downloading, accessing, or using our app, you agree to be bound by these Terms of Use. If you do not agree, please do not use the app.

1. Use of the App

You may use this app only for personal, non-commercial purposes and in accordance with applicable laws. You agree not to misuse, modify, or distribute the app or its content.

2. User Accounts (If Applicable)

If the app requires account registration:

- You are responsible for maintaining the confidentiality of your login information.
- You must notify us immediately of any unauthorized use of your account.

3. Intellectual Property

All content, features, and functionality in the app are owned by Health Coaching or its licensors and are protected by copyright and other laws.

4. Prohibited Conduct

You agree not to:

- Use the app for any unlawful or harmful purpose.
- Interfere with the app's operation or security.
- Upload viruses or malicious code.

5. Third-Party Services

The app may link to or integrate third-party services. We are not responsible for their content, privacy practices, or services.

6. Disclaimer of Warranties

The app is provided "as is" without warranties of any kind. We do not guarantee that the app will be error-free or available at all times.

7. Limitation of Liability

To the maximum extent permitted by law, Health Coaching will not be liable for any indirect, incidental, or consequential damages arising out of your use of the app.

8. Changes to These Terms

We may update these Terms from time to time. Continued use of the app means you accept the revised terms.

9. Contact Us

If you have questions about these Terms, please contact us at amusteata254@gmail.com.