

Bachelor in Alternative Medicine - Minor in Faith-Based Holistic Health
HBI University
Course Duration: 3 years
Credit Hours: 135 (including minor)



Program Description

The Bachelor in Alternative Medicine at HBI University provides students with a comprehensive understanding of alternative and complementary healing practices. This program covers a wide range of therapies, including herbal medicine, acupuncture, massage therapy, and holistic nutrition. Students will be equipped to work in integrative and alternative healthcare settings.

The Minor in Faith-Based Holistic Health enhances this degree by integrating Christian perspectives into holistic health practices. Students will explore how faith and spirituality can be used to promote physical, mental, and emotional well-being, and how to integrate these practices into faith-based communities and healthcare settings.

Admissions Requirements

- High school diploma or equivalent
- Minimum GPA of 2.5
- Personal statement outlining career goals and interest in alternative medicine
- Two letters of recommendation

- Resume (if applicable)
- SAT/ACT scores (if applicable)

General Education Courses (30 Credit Hours)

Course Code	Course Name	Credit Hours
GEN 101	English Composition I	3
GEN 102	English Composition II	3
GEN 103	College Algebra	3
GEN 104	Introduction to Philosophy	3
GEN 105	Introduction to World Religions	3
GEN 106	Public Speaking and Communication	3
GEN 107	Ethics and Critical Thinking	3
GEN 108	Research Methods	3
GEN 109	Leadership and Team Development	3
GEN 110	Cross-Cultural Communication	3

Core Alternative Medicine Courses (45 Credit Hours)

Course Code	Course Name	Credit Hours
AM 201	Introduction to Alternative Medicine	3
AM 202	Herbal Medicine and Natural Remedies	3
AM 203	Acupuncture and Energy Healing	3
AM 204	Homeopathy and Naturopathy	3
AM 205	Chiropractic and Osteopathic Medicine	3
AM 206	Holistic Nutrition and Wellness	3
AM 207	Massage Therapy and Bodywork Techniques	3
AM 208	Mind-Body Medicine and Stress Management	3
AM 209	Alternative Medicine for Chronic Illness	3
AM 210	Integrative Medicine and Conventional Healthcare	3
AM 211	Spirituality and Healing	3
AM 212	Complementary and Integrative Therapies	3

AM 213	Ethics in Alternative Medicine Practice	3
AM 214	Research Methods in Alternative Medicine	3
AM 215	Capstone: Holistic Health and Healing Project	3

Elective Courses (15 Credit Hours)

Course Code	Course Name	Credit Hours
ELEC 301	Ayurveda and Traditional Medicine Systems	3
ELEC 302	Energy Healing and Spiritual Care	3
ELEC 303	Natural Detox and Cleansing Methods	3
ELEC 304	Alternative Approaches to Mental Health	3
ELEC 305	Alternative Medicine for Pain Management	3

Minor in Faith-Based Holistic Health (15 Credit Hours)

Course Code	Course Name	Credit Hours
FBH 401	Faith-Based Approaches to Holistic Health	3
FBH 402	Spirituality and Healing in Faith-Based Settings	3
FBH 403	Theology of Healing and Wholeness	3
FBH 404	Integrating Faith with Alternative Medicine Practices	3
FBH 405	Faith-Based Community Health and Wellness	3

Capstone Project (15 Credit Hours)

The capstone project in Alternative Medicine allows students to apply their knowledge of holistic health practices in real-world settings. Students will:

- Develop a health and wellness program for a faith-based organization or community.
- Conduct research on the effectiveness of alternative medicine practices in treating chronic conditions.
- Create an integrative healthcare plan that incorporates both alternative and conventional

medicine.

- Present findings through a research paper or community outreach program.

Program Outcomes

Graduates of this program will:

- Master alternative medicine practices, including herbal remedies, acupuncture, and mind-body therapies.
- Integrate faith-based principles into holistic health and wellness practices.
- Develop holistic health programs for individuals and faith-based communities.
- Conduct research on the effectiveness of alternative medicine and its integration with conventional healthcare.
- Lead health and wellness initiatives in faith-based and community settings.

Career Outcomes and Potential Pay Scale

Career Path	Average Salary (Annual)
Alternative Medicine Practitioner	\$50,000 - \$100,000
Holistic Health Coach	\$45,000 - \$90,000
Herbalist	\$40,000 - \$85,000
Chiropractor	\$60,000 - \$130,000
Integrative Medicine Specialist	\$70,000 - \$150,000