

Mango Pineapple Smoothie

1 frozen ripe banana
3/4 cup frozen mango chunks
3/4 cup fresh pineapple chunks
1/2 cup orange juice
1/4 cup milk (I usually use soy or almond milk)

Combine all ingredients in a blender and blend until smooth. Add more milk or juice as needed to thin out the smoothie to the desired consistency. Enjoy!