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AGOGE NEW IDENTITY TEMPLATE

The Ideal Version of Yourself 3-6 Months From Now

52-56KG In Muscle Not Fat. (48KG Currently)

10-20K A Month In Profit

Good Posture & Body Language

Looked Up Too By Others

Respected

Hard Working

Filled With Pride

Providing

Protecting

Good Network

My Power Phrases (2-3)

- I Am The Man & I Will Not Quit
- I Am Noah Matson, I Stay Dedicated And Succeed No Matter What
- Respect Must Be Earned, It Is Time To Earn The Spot At The Table

My Core Values (2-3)

- Drive
- Integrity
- Faith

My Daily Non-Negotiables (2-3)

- Daily checklist
- Prayer And Self Accountability
- Workout, Eat Good, Appreciate My Family

My Goals Achieved

I Will Be Bringing In 10-20K
Have 2-3 High Paying Clients
Stronger Than I Have Ever Been
Huge Personal Brand Achievement
Completely Quit School (If My Parents Allow Me To)
Change At Least 1 Clients Life
Change My Life

My Rewards Earned

- Go Shopping And Buy Things To Symbolize My Success And To Look At Back Once Im Even Further
- Enjoy A 4 Day Vacation, Celebrating How Far I Have Come, Have Either My Brothers Or Family Around Me As We Enjoy The Beautiful Views, Food And Luxuries
- Thank God For Guiding Me Through The Journey And Always Being There By My Side And Owe My Success To God

My Appearance And How Others Perceive Him

Walk Into Rooms And Gives Off A Respectable But Dangerous Aura

Tough Young Man.

Determined Man

A Man With Integrity

My Day In The Life Stories.

- I Wake Up And Pray Then I Say Good Morning To My Family As They Look At Me With Pride. I Then Take A Shower Brush My Teeth And Slightly Workout eg: pushups, burpees, sit ups ETC: I Then Cook My Self A Healthy Breakfast Based On My Diet With Either Some Coffee Or Just Some Normal Water. Then I Take A Nice Walk. After That, I Consume Most Of The Content That I Need To For The Day (2-4 Hours) Then I Will Take A Break To Eat And Workout Once Again. Then I Get Stuck Into Client Outreach, Client Work Or Marketing For My Clothing Brand, As Long As I Am Taking Action. Once I Have Finished I Quickly Revise Adapt And Plan Accordingly For The Next Day. I Eat Dinner And Maybe Watch A Movie (Usually If I Do It Is With My Family) Then As I Am Sleeping I Visualize My Next Goals And Where I Want To Be Next.

(ADD IMAGES BELOW)

