

"Play is an adventure. Adventure IS play!"

ADVENTURE WEEK



October 14th - 18th

Activity Ideas

**Please know the following ideas are only that...ideas! Working with your students, and within your parameters, you are encouraged to navigate the outdoor play opportunities that fit best for your classroom.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Shadow drawing	Bug hunt	Bird hunt	Outdoor color hunt	Chalk paint
Nature scavenger hunt and create	Bird feeders	Mud pies	Water bins/tables	Making potions
Shape hunt	Making shapes	Sidewalk chalk (sensory paths, drawing, hopscotch, tic tac toe, etc.)	Leaf collection	Nature bracelets
Worm farm	Rock painting	Stick art	Leaf threading	Use Your Senses 5-4-3-2-1
Group walk	I Spy	Outdoor reading time	Bug hotels	Picnic/Outdoor snack time

Research and Resources - If you're interested, here are more resources and research to help build an amazing week of experiences and provide background on the idea of freeplay.

- [Resources - Global School Playday](#)
- [Freeplay Expectations Example](#)
- [Tracking Time Outside Examples](#)
- [A Grounding Method to Reduce Anxiety](#)
- [Balanced and Barefoot](#)
- [Play and Shaping the Brain](#)

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and Josh Hein from [ORA Trails](#)
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