

Blogging Mom of 4

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Crockpot Freezer Meals Hamburger

Recipes in this Series:

BBQs

Taco Soup

Chinese Hamburger

Tater Tot Casserole

1. BBQs

Ingredients

1 lb hamburger (already cooked)

1 can chicken gumbo soup

1/4 C ketchup

1 T mustard

1 package buns

Directions

Add all ingredients to bag (minus the buns). Mix to coat and freeze.

Write on Freezer Bag

Thaw slightly and add contents to crockpot.

Cook on low for 1-2 hours or until heated through.

2. Taco Soup

Ingredients

1 lb ground beef (cooked)

1 med. onion chopped

1 can corn drained

1 can black beans drained

1 can navy beans drained

1 8 oz can tomato sauce

2 14 oz cans diced tomatoes

1 sm can diced green chiles

1 package taco seasoning

Toppings:

shredded cheese

Fritos

chopped green onions

Directions

Add all ingredients to bag and freeze.

Write on Freezer Bag

Thaw slightly and add contents to crock pot.

Cook on low for 4-6 hours or until done.

Serve with shredded cheese, chopped green onions and Fritos.

3. Chinese Hamburger

Ingredients

1 lb ground beef (cooked)

1 onion diced

2 ribs celery diced

1 can chicken noodle soup

1 can cream mushroom soup

12 oz can Chinese vegetables

1/4 - 1/2 t salt and pepper

1 green pepper diced

1 t soy sauce

Directions

Add ingredients to crockpot and mix. Freeze.

Write on Freezer Bag

Thaw slightly and add contents to crockpot.

Cook on high 3-4 hours or until done.

Serve over rice.

4. Tater Tot Casserole

Ingredients

1 lb hamburger (cooked)

1/2 t salt

1/4 t pepper

2 cans green beans, drained

1 can cream of mushroom soup

1/4 C milk

32 oz bag frozen tater tots (do not add to bag)

Directions

Add all ingredients except tater tots to bag. Mix. Freeze.

Write on Freezer Bag

Line bottom of crock pot with tater tots.
Thaw slightly and add contents over tots.
Cook on high 3 hours or until done.

Shopping List

4 lb hamburger
1 can chicken gumbo soup
1 package buns
2 med. onion
1 can corn
1 can black beans
1 can navy beans

1 8 oz can tomato sauce
2 14 oz cans diced tomatoes
1 sm can diced green chiles
1 package taco seasoning
shredded cheese
Fritos
chopped green onions
2 ribs celery
1 can chicken noodle soup
2 can cream mushroom soup
12 oz can Chinese vegetables
1 green pepper diced
1 t soy sauce
2 cans green beans
32 oz bag frozen tater tots

From the Pantry

1/2 t salt
1/4 t pepper
1/4 C milk
1/4 C ketchup
1 T mustard