Public Forum on Proposal for Revised School Start Times for 2018-2019

June 4th
Duncan Public Schools
Duncan High School Library

5:30 PM
All parents, staff, students, and community members welcome.

Recommendation for new start times for the 2018-19 school year:

Elementary	**7:55am -2:55pm**
Middle School	**8:25am-3:30pm**
High School	**8:20am- 3:30pm**

This recommendation is based on the needs of our students, parents, and teachers after listening to suggestions from parents about the conflicts during dropoff and pickup times and suggestions from teachers about supervision of students during Late Start Mondays. Benefits of changing start times are

1. An earlier start time helps alleviate students waiting at school for class to begin. Currently, working parents with elementary aged children drop students off as early as 45 minutes before school begins. The new start time is closer to parent work schedules.
2. Allows secondary students additional sleep time, which research says benefits adolescents. A later secondary start time also increases opportunities for high school students to meet with teachers and coaches during a "zero hour" before the official start of the school day.
3. Teachers have requested a change in Late Start Mondays so elective teachers may be a part of Professional Learning Communities. A later start time for secondary helps elective teachers be a part of this critical focus for our district.
4. Other school districts around the state have altered start times for elementary and secondary with success. They report improved attendance, especially at the secondary level.

Research used in considering proposed changes:

https://abcnews.go.com/Health/school-start-times-teens-moods-study/story?id=54376207

https://schoolstarttime.org/

http://www.startschoollater.net/

http://pediatrics.aappublications.org/content/pediatrics/134/3/642.full.pdf

PLEASE SHARE COMMENTS ON THE ATTACHED SURVEY : Comments Survey