



Choosing a Mentor

A good mentor has the following qualities:

Professional	Personal
☐ Interested in developing your career ☐ Commitment to mentoring ☐ A successful track record ☐ Will provide networking opportunities ☐ Is institutionally savvy ☐ Matches with your professional needs ☐ Help with writing ☐ Methodological skills ☐ Alignment in research/scholarly interests	☐ Good communication skills ☐ Expresses interest in you as a person ☐ There is potential for reciprocity ☐ Matches your emotional needs ☐ Do you need more support and praise? ☐ Do you need more challenges?

Revised: 9/15/2023