

# Study Strategies Menu and Plan

## A. Menu of Study Strategies

*Check off the ones you will use*

	Reread text		Make graphic organizer		Create a Flashcard(s)
	Reread/organize notes		Make priority lists		Study with friend(s)
	Read/recite main points		Take practice test		Study with study group
	Outline text		Quiz myself		Study session with teacher/counselor
	Highlight/Annotate Text		Have someone else quiz me		Study with a parent
	Highlight notes		Study flash cards		Ask for help
	Use study guide		Memorize/rehearse		Other

## B. Study Plan

Date	Day	Which strategies (Part A) will I use?	How much time for each strategy?												
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### C. Posttest evaluation

*How did your studying work out? Answer the following questions:*

What study strategies worked best?	
What study strategies were not so helpful?	
Did you spend enough time studying?	▶▶ YES    ▶▶ NO
If not, what more should you have done?	
What will you do differently the next time?	