

Dear EMS Students & Parents/Guardians,

We are excited to announce that [Fall Sports Registration](#) is now open for the upcoming season! To streamline the registration process and better serve our student-athletes, we are utilizing a system called [Final Forms](#). This online platform has proven to be highly successful at GHS and all 3 GPS Middle Schools over the past several years.

If your student athlete is interested in trying out for Boys A & B Soccer, Girls Soccer, Girls Field Hockey or Coed Volleyball this fall, please create an account/log into [Final Forms](#) and register. All students who wish to try out MUST have a current physical uploaded to [Final Forms](#). The only form accepted is the [CT-HAR](#). **If you have an account already and have registered for past sports seasons in Final Forms, you MUST log in and SELECT A SPORT for the fall season.** Also, make sure that your student(s) are in the "Green" status. If they are not "Green," this means that you or your student(s) are missing something and will not be eligible for tryouts. **The deadline for registering for Fall Sports is September 3, 2025. No registration will be accepted after this date.** If you have any questions regarding registration, please email sportsphysicalems@greenwich.k12.ct.us

***Please register early, as it will take 24-48 hours for the Health Office Staff to process your registration (over the summer, it may take longer). You may only register for ONE sport each season. There is no cost to register. You can register and then decide not to try out, but you can NOT decide to try out after the registration deadline!**

SPORTS INFORMATION:

Tryout/Fall Season Schedule: [EMS 2025 FALL SPORTS SCHEDULE](#)

*Students are expected to make ALL tryout days, unless otherwise directed by the coach. Students must be able to make ALL 4 days per week of practices/games/matches. This is a 4 day per week commitment (no Wednesdays), and students must be available until 5pm (possibly later for away game/match days). The games, matches and practices are in the process of being scheduled and you can check the live link above for updates.

**If a student does not own equipment for the given sport, it can be provided (other than cleats). Students can store their equipment in the locker room before school. All students should come with a water bottle, and dress accordingly for the weather. If you have any sports specific questions, please contact EMS Athletic Director, Craig Knop: Craig_Knop@greenwich.k12.ct.us

ABOUT FINAL FORMS:

The GPS Athletic Departments have partnered with Final Forms, an online forms and data management service, to manage athletic participation. All new and returning student-athletes must register with a parent/guardian through Final Forms prior to tryouts or participation.

Click on the [Parent Playbook](#) for directions on how to register in FinalForms. If you require any support during the process, scroll to the page bottom in FinalForms and click "Use Support".

Initial registration will take 15-20 minutes. Registering returning athletes can be completed in 5-10 minutes as FinalForms saves data season-to-season and year-to-year. Parents should have information for physician, dentist, emergency contacts, insurance (if applicable), and a current State of CT Health Assessment Record (HAR) form ready for the registration process. The HAR can be found on [GPS Health Forms and Immunizations](#).

ABOUT THE CT HAR FORM:

A student athlete must have a current [State of CT Health Assessment Record \(HAR\)](#) form on file with the Eastern Middle School Health Office prior to participation. For sports participation, this form is good for 13 months and must be valid at the time of tryouts and throughout the season. We are no longer using the separate Sports Physical form.