

GETTING OUT OF THE PIT

1Kings 19:1-19.

(The Making of a Man Series, #6)

INTRODUCTION:

1. Historical/Biblical background of Beersheba-Gen.21:14,31-33; 22:19; 26:23,33; 28:10;46:1-5
Beersheba means, 'WELL (PIT) OF THE OATH/SEVEN'. The Hebrew word, *BEER* is from *BAAR*, 'to dig'. *BEER* is translated Pit or Well (depending weather it contains water or not).
2. For Elijah, Beersheba became a place of despair, a 'pit'. 19:4
Great Bible men down and despairing – Num.11:15; Josh.7:7; Ps.31:10; Ps.69:2,3; 1 Sam.30:6; Jer. 15:10; 2 Cor.1:8; Matt.26:38
3. Beersheba, the Pit: Three Questions, How did Elijah get there? How Did God meet him there? How did Elijah get out of there?
 - I) How Did Elijah Get There (into a pit of despair)?
 - A) Causes not in the Elijah Story.
 1. Hope Deferred, Prov.13:12
 2. Calamity/loss – Job3:20-26; 7:15; 10:1.
 3. 'Bad Heart' – Jonah 4:1-8
 4. Physiological
 - B) Causes in the Elijah Story.
 1. Fatigue, 18:46
 2. Fear, 19:2, 10; Job.3:25,26; Jer. 1:7-8; Isaiah 51:12-13; Matt.10:28; Proverbs 29:25.
 3. Believing what is not true, 1 Kings 19:4,10,14,18; Rom. 11:2-5; Phil. 4:8.
 4. Isolation, 19:3,4; Ps.55:4-7; 142: 3,4; 102:7; Ecc.4:9-12; 1Sam.21:1; Heb.10:24,25; 1 Thes.5:11-15; 1 John 1:7; Rom.12:5; 1 Cor. 12:25-27.
 5. "Valley after the Mountain"

(OVER)

- II) How Did God Meet Him There?
 - A) Supernatural Touch. 19:5,7; Mk.1:13; Heb.1:14
 - B) Supernatural Reminders. 19:6 & 17:13
 - C) Supernatural Speech. 19:5,7,9
 - D) Supernatural Provision. 19:8
- III) How Did Elijah Get Out of There (The Pit of Despair)?
 - “GET AHOLD OF YOURSELF” 1 Sam.30:6
 - A) Remember Past Mercies. 19:6; Phil.4:8; Ps.42:4-6.
 - B) Partake of the Things of God. 19:8
 - C) Listen For God’s Voice. 19:9-11
 - D) Obey God’s Voice. 19:8
 - E) Go to the Mountain of God (Horeb/Sinai),
19:8; Exodus 3:1-15; Exodus chapters 19 & 20; Exodus 24:9-11;
Place of Calling, Place of Communion; Place of Covenant.
 - F) Get Going in Ministry. 19:15-18; 2Cor.4:1,8; Gal.6:7-10
 - G) Pour Yourself into Others. 19:19-21
- IV) TURN YOUR PIT INTO A WELL, John 7:37-39; Acts 2:33; Isaiah 12:3;
Eph.5:15-20; Psalm 16:11.

**GOD DID NOT SEND YOU TO THE PIT, BUT HE WILL MEET YOU
THERE, AND HELP YOU LEAVE THERE!!**