

Central High School School Counseling Hospitalization Policy for Mental Health Concerns

Hello Parents, Guardians and Students,

In an effort to provide support if your student ever becomes hospitalized due to a mental health concern, we would like to share this policy with you.

If your student becomes hospitalized, please take the following steps.

1. Notify your students' school counselor within 48 hours of the hospitalization.
2. For attendance and support purposes, please ask the hospital social worker or case manager working with your student to contact the school counselor and send written verification that the student is hospitalized.
3. Sign a Release of Information with the hospitalization program and school counselor so that both entities can communicate with one another regarding the care and education needs of the student.
4. Ensure that whomever is coordinating the care for your student schedules and invites the school counselor to a discharge meeting.
5. Prior to the student's known date of return to school, please schedule a meeting with the school counselor. At that meeting please provide a copy of the discharge plan along with the safety plan (if the student has one).
6. During the first two (2) weeks of return to school, the student should check in with the school counselor 4-6 times. During the next two weeks, the student should check in with the school counselor 1-3 times totaling at least one (1) month of check-ins with the school counselor. After the month of scheduled check-ins have occurred, check-ins can be scheduled as needed.
7. If students need additional referrals for support services, school counselors can make the appropriate referrals including to the school nurse for medication management in school if and as needed.

***If your student becomes hospitalized due to a physical medical concern, please contact the school nurses for policies and procedures.