

**2023-2024**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Cereal Bar</b>	<b>Honey Bun</b>	<b>Pop-Tart</b>	<b>Cinnamon Roll</b>	<b>WG Muffin</b>
(FLAVORS)		(FLAVORS)		(FLAVORS)
Trix		Strawberry		Chocolate
Golden Graham		Blueberry		Apple
Cheerios		Cinnamon		Banana
Cinnamon Toast				Blueberry

(Offered Daily: Cereal Bar, Honey Bun, Pop-Tart, Cinnamon Roll, Muffin and Strawberry Cheese Bagel)

## YOU MUST Choose (1) Grain Item from Above

### MAXIMUM BREAKFAST is (4) ITEMS

(1) Item must be Fruit / You can have (2) Fruits

Grain/Protein/Protein/Fruit or Grain/Protein/Fruit/Fruit

### MINIMUM BREAKFAST is (3) ITEMS

(1) Item must be Fruit

Grain/Protein/Fruit or Grain/Fruit/Fruit

**PROTEIN**

String Cheese

White Milk

Chocolate Milk

**FRUIT**

Banana

Apple Juice

Orange Juice

