Spiritual Directors List

Name & Contact Info	Preferred Method of Contact	Areas of Interest / Training
Rev. Wendy Adams 250.308.6300 revwendy@shaw.ca *Location* Armstrong, BC *Faith Affiliation* Presbyterian Church of Canada	Face to face or phone, walking, facetime or Facebook Messenger Individual or group direction. Willing to adapt	*Areas of Interest* People in transition, grief work, seniors, people working through theological conflicts. *Rates* Sliding scale rates. *Training* Certificate from the Jubilee Program in Spiritual Direction
Ms. Joan Alexander 250.608.1277 alexander.joan9@gmail.com www.joanalexanderspiritualdirector.com *Location* Lloydminster, SK *Faith Affiliation* Please see website for information	Phone / Zoom	*Areas of Interest* 2SLGBTQIA+ individuals, family members, and allies; dreamwork (Jungian-flavoured); Labyrinth; Enneagram *Training* Two-year certification from the Haden Institute and Mount Carmel Spiritual Centre (2014) Supervision training at the Mercy Center, California, USA (Spiritual Directors International 2021) Certified in The Ministry of Transgender Accompaniment, Fortunate Families, Roman Catholic affiliation (2024)

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Mel Davis 778-238-3460 mellengrove@gmail.com *Location* Creston, BC *Faith Community* Anglican Church of Canada.	In person; walking or meeting on site; via Zoom or FaceTime	*Areas of interest* I offer a gentle and compassionate presence grounded in contemplative and Celtic Christianity. I embrace silence, listening prayer, body awareness and journaling as spiritual practices of truth seeking. I have a passionate commitment to the land, to stewardship of our earth and compassionate relationships with animals. I have the experience to journey through grief and loss, addiction, eco-anxiety, and the dark night of the soul. And I have experience to offer in sobriety and reconciliation, hope and renewal, rebirth and joy. I am open to accompanying people from all walks of life, offering spacious, non-judgmental listening and gentle guidance. *Training* Pacific Jubilee Program (2025); Training in Listening Prayer, Welcoming and Centering Prayer.
Rev. Martha Fish 250.231.3477 marthafish119@gmail.com *Location* Trail, BC *Faith Community* Anglican Church of Canada	Face to face, zoom, phone	*Training* 30 years experience & ongoing education as an MSW clinical social worker in the community Mental Health system; Course in Spiritual Direction at Mercy Center, California (2008) Graduated Kootenay School of Ministry (2015) including courses in spiritual and pastoral formation.

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Rev. Rita Harrison 250.258-5991 www.okpastoral.ca *Location* Kelowna, BC *Faith Community* Anglican Church of Canada	Online / face to face. Individual or Group direction	*Areas of Interest* I work with people new to ministry; those who are deconstructing and reconstructing their understandings of faith and theology; elders; and people in transition. I also facilitate small gatherings for group spiritual direction and companionship. *Training* I was trained through a spiritual direction apprenticeship with the Rev. Dr. Garry Schmidt, and participated in the Center for Action and Contemplation's Living School. James Finley, Richard Rohr, Barbara Holmes and Brian McLaren have been among my teachers.
The Rev. Dr. Brooke Mitchell 778 418-2545 cohospirit@gmail.com *Location* Campbell River, BC *Faith Community* Anglican Church of Canada	Phone and Zoom when meeting people who live at a distance. I prefer face to face	*Areas of Interest* Connecting people with God to deepen their life in Christ. My foundational model is the Ignatian Exercises, but to modify these to suit individual circumstances. Training Pacific Northwest Program in Spiritual Direction (1998 – 1999) Ignatian Exercises with the Cenale Sisters Supervising Spiritual Directors (2012)
Rev. Louise Peters, BA, MDiv. 250.318.2781	face to face / online / phone	*Areas of Interest*

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sapiencespiritualdirection@gmail.com sapiencespiritualdirection.wordpress.com *Faith Community* Anglican Church of Canada		Inclusivity and equity justice are core values she holds in her approach. She has worked with individuals in recovery work and also provides grief support. *Training* As a priest in the Anglican Church, she has served as a university chaplain, a rector, as a clergy team member in two cathedrals, as an executive director of a retreat and conference center. She is following her passion and dream of working full time as a Spiritual Director. Christian faith informs her and is her centre; however, she is open to interfaith conversations and practices.
Rev Pat Simons Phone 250-462-1434 Email patsimons@telus.net *Location* South Okanagan *Faith Community* Anglican Church of Canada	Face to face / Phone	*Training* SoulStream
Rev. Garry Schmidt 250.549.0568 directionsforyou2@gmail.com www.directionsforyou.com/vernon/	face to face / online / phone	*Areas of Interest* Individual & group spiritual direction, pastoral counselling, group retreats and courses, clergy and church leadership

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Location Vernon, BC *Faith Community* Anglican Church of Canada		support groups, retreat direction and sabbatical planning, conflict management and consultation *Training* Certified through the American Association of Pastoral Counsellors and through Spiritual Directors International. Garry holds a Doctor of Ministry and a Diploma in the Art of Spiritual Direction, both from San Francisco Theological Seminary, with a specialty in clergy care. Garry has been an instructor at Holy Names University, the Kootenay School of Ministry, Mennonite Brethren Biblical Seminary, Salt Lake Theological Seminary, San Francisco Theological Seminary, and Mercy Centre Institute in Contemporary Spirituality. Garry has been ordained for ministry in the Mennonite and most recently the Anglican tradition. He currently serves as Associate Priest at All Saints Anglican Church in Vernon and is the Executive Director of a non-profit called Directions Society: The Centre for Sacramental Vocation.
Rev. Laura Turnbull 250.487.4395 laurajturnbull@hotmail.com *Location* Penticton BC	Prefer face to face, but also use Skype, zoom and phone	*Areas of Interest* I love working with folk who are in transition (and aren't we all) and those who feel "stuck" on their pilgrimage. *Training* Pacific Jubilee Program (2013)

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Faith Community United Church of Canada		