

## Year 1 - Term 1

**Week 5:** Free Will  
**Strand:** Love of Self  
**Strand unit:** Free Will  
**Age:** Year 1  
**Aim:** To inspire the students to explore their Free Will, Passions and Desires and to start thinking about the effects their choices might have on others  
**Resources:** Photos of loving and unloving situations, Heart sign, Broken heart sign, device to play the song "Career Day" by The Bazillions  
<https://www.youtube.com/watch?v=CR71AhdHadM>

**It is paramount that the Free Will session and the Consequences session be presented together to avoid children leaving the classroom feeling they can do whatever they want without having any consequences.**

**Song:** (Play the song and dance to it together. Afterwards, sit in a circle.)

**Sharing:** I have a question for you. There are no wrong answers. Does everybody remember the golden rule? Treat others the way you would like to be treated. If you could do anything you wanted, what would you do? (This question is open, not directed at professions or about being a grown up. The intention is to allow the children to think about their will, dreams, desires, passions...)  
All these things you have just mentioned are your dreams, desires, ideas, and are expressions of your free will. Some of the things you could do right now, for other goals, you need to learn the skills first to do it properly, and sometimes you have to grow up first to be legally allowed to do it in a safe way (i.e. driver's licence...)  
Whenever you do something, anything, it means you want to be doing it. Everybody has free will which means they CAN choose to do whatever they want. But that does not mean that it is ok to do whatever we want.

**Conversation:** (Put the photos on the ground, unsorted, then put the heart sign and broken heart sign down)

Can you sort these into loving and unloving situations?

(When they are sorted, talk about each one.)

This person is choosing to, i.e. hit that person. They can choose to do this because they have free will. But is it loving? Why? Why not? Do you like to be yelled at?

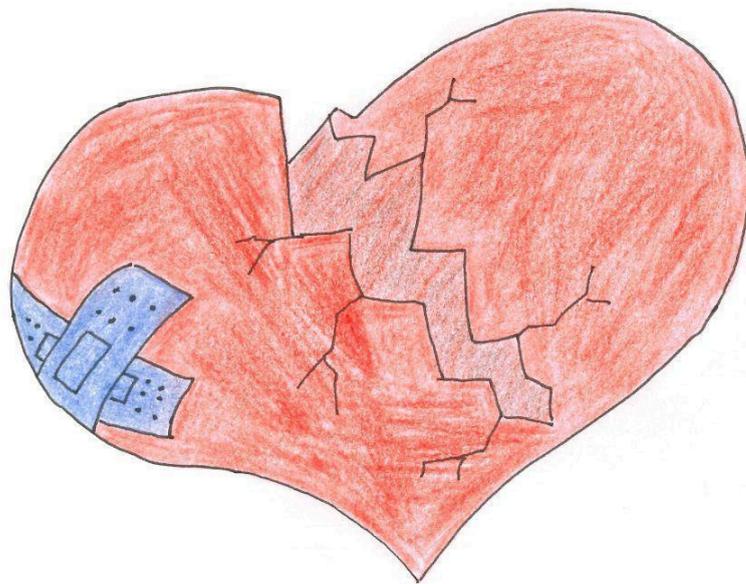
Yelling at anyone else is not loving.

**Conclusion:** You are responsible for what you choose to do. Only you can decide how you behave and treat yourself or others. But be aware that whatever you choose to do, there is always a consequence in life.

(Put on the board a loving picture with the heart sign and an unloving picture with the broken heart sign.)

If you behave lovingly, there will be joy and a rewarding consequence, if you behave unlovingly, there will be pain and a correcting consequence. We will talk about consequences in our next Ethics and Love lesson.





## **Resource:Photos of loving and unloving situations**

**Bullying**

**Exclusion/ Talking about**

**Laughing together**

**Yelling at someone**

**Hugging**

**Hitting**

**Helping**

**Insulting**

**Planting a tree**

**Playing together**



















