

Nova Scotia Lunch Program

** tan hadda waxaa lagu bixiyaa 75 dugsi oo ku yaal HRCE iyadoo la qorsheynayo in lagu ballaariyo dhammaan dugsiyada mustaqbalka dhow.

Si aad wax badan uga ogaato [barnaamijka qadada NS](#), fadlan halkan ku dhufo. Si aad u tarjunto, dhagsii  dhanka midig ee sare ee bogga oo dhagsii badhanka tarjumaada.

English	Somali
The Nova Scotia School Lunch Program is a provincial lunch program that offers public school students in Nova Scotia nutritious and affordable lunch every school day. All schools will continue to have the free breakfast program. Chefs and dietitians worked to make sure all lunches are nutritious and considered cultural preferences so students are provided with a mix of familiar favourites and new flavours. Some of the lunches will be hot meals. There is a School Food and Nutrition Policy that ensures all food in our schools is healthy and nutritious. Lunches are affordable for every family. You can pay-what-you-can; this means families can choose to pay the full cost of the lunch, pay a part of the cost, or pay nothing. What you pay is kept confidential from school and lunch program staff. Allergies and dietary restrictions (gluten-free, vegan, halal, kosher, etc.) We want all students to be able to take part in the School Lunch Program and have tried to create lunch options that work for as many students as possible When ordering, families can see the ingredients in each meal and make the best decision for their child. We can't guarantee that meals are 100 percent allergen free due to the risk of cross-contamination.	Barnaamijka Qadada Dugsiga Nova Scotia waa barnaamij qadada gobolka oo siiya ardayda dugsiyada dadweynaha ee Nova Scotia qado nafaqo leh oo la awoodi karo maalin kasta. Dhammaan dugsiyada waxay sii wadi doonaan inay helaan barnaamijka quraacda ee bilaashka ah. Cunto-kuug-yaqaannada iyo khubarada cuntada waxay ka shaqeeyeen inay hubiyaan in dhammaan qadadu ay yihiin kuwo nafaqo leh oo loo tixgeliyo dookhyada dhaqanka si ardayda la siiyo isku dhafka ay ugu cadcad yihiin iyo dhadhanka cusub. Qaar ka mid ah qadada ayaa noqon doona cunto kulul. Waxaa jira Siyaasadda Cuntada iyo Nafaqada ee Dugsiga oo hubinaysa in dhammaan cuntada dugsiyadeennu ay yihiin kuwo caafimaad qaba oo nafaqo leh. Lunches are affordable for every family. Waxaad bixin kartaa-waxa-aad-karto; Taas macnaheedu waa qoysasku waxay dooran karaan inay bixiyaan kharashka qadada oo dhan, bixiyaan qayb ka mid ah kharashka, ama aanay waxba bixin. Waxa aad bixiso waa laga ilaaliyaa sirta dugsiga iyo shaqaalaha barnaamijka qadada. Xasaasiyadda iyo xaddidaadaha cuntada (gluten-free, vegan, xalaal, kosher, iwm.) Waxaan rabnaa in dhammaan ardaydu ay awood u yeeshaan inay ka qaybqaataan barnaamijka qadada dugsiga oo ay isku dayeen inay abuuraan doorashooyin qadada oo u shaqeeya arday badan intii suurtagal ah Marka ay dalbanayaan, qoysasku waxay arki karaan maaddooyinka ku jira cunto kasta oo waxay samayn karaan go'aanka ugu fiican ilmahooda. Ma dammaanad qaadi karno in cuntadu ay boqolkiiba 100 ka xor yihiin xasaasiyadda khatarta ah ee wasakhawga.

