

# Boy Scout Troop 98 Cold Weather Camping Gear Checklist

- Warm clothes in layers (<u>you'll be outside all day</u>: wool, fleece, a wooly hat, not a ballcap, <u>two pairs of gloves</u>)
- Good boots or shoes (NOT SNEAKERS) with warm socks (wool not cotton)
   [Synthetic polypropylene layer and then wool sock]
- Layered Winter Jackets vest, fleece and heavy Winter jacket
- A small backpack or sling bag to carry around your things during the day on Saturday
- A full change of clothes; you may need it on Saturday evening if your day clothes are damp or wet
- A flashlight or headlamp
- Troop 98 Permission Slip (to be sent later). Check the weather forecast for New Ringgold, PA - Be Prepared. Temperatures will drop to 10 degrees at night
- Water bottle with NAME on it!
- Please bring
  - your warmest sleeping bag rated to 20-25 degrees (or two sleeping bags),
  - warm (and clean) clothes to sleep in (like sweats)
  - plus a clean hat, gloves and socks to sleep in,
  - an **extra blanket** that you could put underneath your pad to stop the cold air from rising through the floor
  - and at least **one sleeping pad** to put underneath you.
- REMEMBER Wear warm clothes in multiple layers, and a hat and gloves (a
  dri-fit shirt plus a sweatshirt plus a rainproof coat is much better than a T-shirt
  and a puffy jacket).



## **Scout Equipment**

- Boy Scout Handbook (in a gallon ziploc bag) if you are working on achievements
- Water bottle with name
- Headlamp with extra batteries
- Small backpack or sling bag

## **Bedding**

- Sleeping bag rated for cold weather *NOT a 40 degree summer sleeping bag*
- Old blanket to put under sleeping bag as an insulating pad (critical!!)
- Old blanket to put over sleeping bag for extra insulation (optional)
- Pillow (optional)
- Ground pad

### **Clothing**

The key to cold weather camping is to stay warm and dry. Bring both light and heavy weight clothing in order to "layer" if the weather is cold. For underwear and socks, bring at least one change per day.

- **Bandana.** "In the cold, your nose tends to run. To keep your mittens, sleeves and jacket clean and snot-free, use the bandana to wipe your nose."
- Underwear
- Socks a pair of light weight socks (polypropylene) next to your feet will pull the moisture away and keep your feet warmer
- Socks heavy (wool is best they will be warmer, even if wet)
- T-shirts
- Long, thermal underwear at least one pair
- Hooded sweat shirt and sweat pants (make the best pajamas in cold weather)
- 2 Long pants
- 2 Long sleeve shirt
- Warm sweater
- Warm coat or jacket suitable for camping environment
- 2 Stocking cap
- 2 Pairs Gloves or mittens
- Winter boots
- Extra Pair of footwear
- A FULL CHANGE OF CLOTHES LISTED ABOVE your clothes might be wet from the day's activities

### **Other Items**

- **Ear plugs** we're all in one big open cabin
- Back pack, duffel bag for personal gear
- Medications in large Ziploc with your name
- Lip balm (Chapstick)
- Toothbrush and toothpaste
- Deodorant
- Wash cloth and towel
- Pocket knife

#### **Special Instructions to Mom or Dad!**

Boys are not always too neat when they unpack in their tents or cabin (sigh). In the winter this can be a serious problem because of the snow and clothes can become wet on the floor of a cabin or tent. You can assure dry clothes each day *if your son packs his clothes in large ziploc bags*. If your son can stay dry he will stay warm and enjoy the camping a whole lot better.