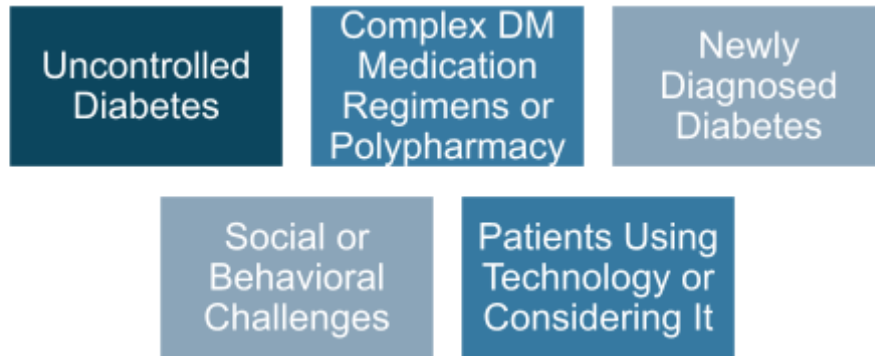


Candidates for referral to HCA Diabetes Care Clinic



Patients 18+ with Type 2 Diabetes (T2DM) and any of the following would be a good candidate for referral to the HCA Diabetes Care Clinic:

1. Uncontrolled Diabetes:

- A1c >7% or consistently above individualized target
- Frequent hyperglycemia (BG >300 mg/dL) or hypoglycemia (BG < 70 mg/dL) episodes
- Recurrent ER visits or hospitalizations for diabetes-related complications

2. Complex DM Medication Regimens or Polypharmacy:

- On multiple injectable therapies (ie. basal-bolus)
- Need insulin titration support or adjustment
- Struggling with adherence or side effects

3. Newly Diagnosed Diabetes: Especially A1c >10% or symptomatic hyperglycemia and patients needing diabetes education, device training, or medication initiation.

4. Social or Behavior Challenges:

- Low health literacy or poor understanding of diabetes
- Limited access to primary care, endocrinology, or diabetes educators
- Frequent missed appointments or non-adherence

5. Patients Using Technology or Considering It:

- Initiating Continuous Glucose Monitors (ie. Dexcom, FreeStyle Libre)
- Considering or needing training on insulin/GLP1 pens, glucometer, etc.
- **Please note** referrals should be for management of T2DM **not** just for diabetes technology teaching.

The following are excluded from our clinic:

- Gestational Diabetes/Management of Diabetes in Pregnancy
 - Per ADA Standards of Care 2025, *Individuals with preexisting diabetes who are planning a pregnancy should ideally begin receiving interprofessional care for preconception, which includes an endocrinology health care professional, maternal-fetal medicine specialist, registered dietitian nutritionist, and diabetes care and education specialist, when available.*
- Type 1 Diabetes
 - Refer to BIDMC-Endocrinology or Joslin Diabetes Center