

**Marshall High School  
Health Education  
Curriculum Map – Semester 1**



|                                                                                  | August                                                                                                                                                                                                                                                                    | September                                                                                                                                                                                                                                                                                | October                                                                                                                                                                                                                               | November                                                                                                                                                  | December                                                                                                                                                                  |
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| <b>H<br/>S<br/>C<br/>E</b>                                                       | <ul style="list-style-type: none"> <li>● <u>Michigan Department of Education Curriculum Framework 2007 Health Education</u></li> <li>● <u>Michigan Department of Education Career Content Standards</u><br/>Strand 3,4<br/>Standard 1,3,5,6,7</li> </ul>                  | <ul style="list-style-type: none"> <li>● <u>MDECF 2007 Health Education</u></li> <li>● <u>MCEC</u><br/>Strand 5<br/>Standard 1,3, 4, 5</li> </ul>                                                                                                                                        | <ul style="list-style-type: none"> <li>● <u>MDECF 2007 Health Education</u></li> <li>● <u>MCEC</u><br/>Strand 3,6,7<br/>Standard 1-7</li> </ul>                                                                                       | <ul style="list-style-type: none"> <li>● <u>MDECF 2007 Health Education</u></li> <li>● <u>MCEC</u><br/>Strand 2<br/>Standard 1,2,3,4,6,7,8</li> </ul>     | <ul style="list-style-type: none"> <li>● <u>MDECF 2007 Health Education</u></li> <li>● <u>MCEC</u><br/>Strand 1<br/>Standard 1,2,3,5,6</li> </ul>                         |
| <b>C<br/>o<br/>u<br/>r<br/>s<br/>e<br/>C<br/>o<br/>n<br/>t<br/>e<br/>n<br/>t</b> | <ul style="list-style-type: none"> <li>● Safety</li> <li>● Social and Emotional Health</li> </ul>                                                                                                                                                                         | <ul style="list-style-type: none"> <li>● Personal Health and Wellness</li> </ul>                                                                                                                                                                                                         | <ul style="list-style-type: none"> <li>● Safety</li> <li>● HIV and other STIs Prevention</li> <li>● Sexuality Education</li> </ul>                                                                                                    | <ul style="list-style-type: none"> <li>● Alcohol, Tobacco and other drugs</li> </ul>                                                                      | <ul style="list-style-type: none"> <li>● Nutrition and Physical activity</li> </ul>                                                                                       |
| <b>S<br/>k<br/>i<br/>l<br/>l<br/>s<br/>T<br/>a<br/>u<br/>g<br/>h<br/>t</b>       | <ul style="list-style-type: none"> <li>● Living a healthy life</li> <li>● Building health skills and character</li> <li>● Achieving good mental health</li> <li>● Managing stress &amp; anxiety</li> <li>● Identifying and managing mental/emotional problems.</li> </ul> | <ul style="list-style-type: none"> <li>● Sleep, getting adequate sleep for adequate performance and optimal health</li> <li>● Sun safety- reducing risks of skin cancers and other skin conditions</li> <li>● Injury prevention</li> <li>● CPR/AED</li> <li>● Basic First Aid</li> </ul> | <ul style="list-style-type: none"> <li>● Skills for healthy relationships</li> <li>● Reproductive systems</li> <li>● Prenatal development and birth</li> <li>● Adolescence and the life cycle</li> <li>● STIs and HIV/AIDS</li> </ul> | <ul style="list-style-type: none"> <li>● Effects of alcohol, tobacco, drugs</li> <li>● Choosing to be drug free</li> <li>● Violence prevention</li> </ul> | <ul style="list-style-type: none"> <li>● Nutrition and health</li> <li>● Reading food labels</li> <li>● Calorie calculation</li> <li>● Planning balanced meals</li> </ul> |
| <b>I<br/>n<br/>t<br/>e<br/>r<br/>v<br/>e<br/>n<br/>t<br/>i<br/>o<br/>n<br/>s</b> | <ul style="list-style-type: none"> <li>● Individualized instruction may be used</li> <li>● Parental contact</li> </ul>                                                                                                                                                    | <ul style="list-style-type: none"> <li>● Individualized instruction may be used</li> <li>● Parental contact</li> </ul>                                                                                                                                                                   | <ul style="list-style-type: none"> <li>● Individualized instruction may be used</li> <li>● Parental contact</li> </ul>                                                                                                                | <ul style="list-style-type: none"> <li>● Individualized instruction may be used</li> <li>● Parental contact</li> </ul>                                    | <ul style="list-style-type: none"> <li>● Individualized instruction may be used</li> <li>● Parental contact</li> </ul>                                                    |

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| <b>R<br/>e<br/>s<br/>o<br/>u<br/>r<br/>c<br/>e<br/>s<br/>U<br/>s<br/>e<br/>d</b>                                           | <ul style="list-style-type: none"> <li>● Health by Glencoe/McGraw-Hill@2004</li> <li>● Handouts</li> <li>● Videos</li> <li>● Workbook</li> <li>● Guest speaker</li> </ul> | <ul style="list-style-type: none"> <li>● Health by Glencoe/McGraw-Hill@2004</li> <li>● Michigan Model for Health</li> <li>● Handouts</li> <li>● Workbook</li> <li>● Video</li> <li>● Internet</li> </ul> | <ul style="list-style-type: none"> <li>● Health by Glencoe/McGraw-Hill@2004</li> <li>● Handouts</li> <li>● video</li> <li>● Guest speaker from Safe Place</li> </ul> | <ul style="list-style-type: none"> <li>● Health by Glencoe/McGraw-Hill@2004</li> <li>● Handouts</li> <li>● Workbook</li> <li>● Video</li> <li>● Guest speaker from Substance Abuse Council</li> <li>● Internet</li> </ul> | <ul style="list-style-type: none"> <li>● Health by Glencoe/McGraw-Hill@2004</li> <li>● videos</li> <li>● Internet</li> <li>● Food Labels</li> </ul>                      |
| <b>A<br/>s<br/>s<br/>e<br/>s<br/>s<br/>m<br/>e<br/>n<br/>t</b>                                                             | <ul style="list-style-type: none"> <li>● Warm up activity-quick start</li> <li>● worksheets</li> <li>● projects – individual/group</li> <li>● tests</li> </ul>            | <ul style="list-style-type: none"> <li>● warm-up activity-quick start</li> <li>● worksheets</li> <li>● projects – individual/group</li> <li>● tests</li> <li>● Hands-on instruction</li> </ul>           | <ul style="list-style-type: none"> <li>● warm-up activity-quick start</li> <li>● worksheets</li> <li>● projects – individual/group</li> <li>● tests</li> </ul>       | <ul style="list-style-type: none"> <li>● warm-up activity-quick start</li> <li>● worksheets</li> <li>● projects – individual/group</li> <li>● tests</li> </ul>                                                            | <ul style="list-style-type: none"> <li>● warm-up activity-quick start</li> <li>● worksheets</li> <li>● projects – individual/group</li> <li>● tests</li> </ul>           |
| <b>I<br/>n<br/>t<br/>e<br/>g<br/>r<br/>a<br/>t<br/>e<br/>d<br/>C<br/>u<br/>r<br/>r<br/>i<br/>c<br/>u<br/>l<br/>u<br/>m</b> | <ul style="list-style-type: none"> <li>● LA:: current events</li> <li>● MA</li> <li>● SC: research MI</li> <li>● SS</li> <li>● CP</li> </ul>                              | <ul style="list-style-type: none"> <li>● LA: current events</li> <li>● MA:</li> <li>● SC</li> <li>● SS</li> <li>● CP</li> </ul>                                                                          | <ul style="list-style-type: none"> <li>● LA: current event</li> <li>● MA</li> <li>● SC</li> <li>● SS</li> <li>● CP</li> </ul>                                        | <ul style="list-style-type: none"> <li>● LA: current events</li> <li>● MA: calculate BAC</li> <li>● SC: tobacco &amp; lungs</li> <li>● SS visual displays</li> <li>● CP</li> </ul>                                        | <ul style="list-style-type: none"> <li>● LA: current events &amp; write a dialogue</li> <li>● MA:calorie calulation</li> <li>● SC</li> <li>● SS</li> <li>● CP</li> </ul> |



**Marshall High School  
Health Education  
Curriculum Map – Semester 2**

|                                                               | February                                                                                                              | March                                                                                                                                                                                                                                                                     | April                                                                                                                                                               | May                                                                                                                                                       | June                                                                                                                               |
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| H<br>S<br>C<br>E                                              | <ul style="list-style-type: none"> <li>● MDECF 2007 Health Education</li> <li>● MCEC Strand 5 Standard 1,3</li> </ul> | <ul style="list-style-type: none"> <li>● <u>Michigan Department of Education Curriculum Framework 2007 Health Education</u></li> <li>● <u>Michigan Department of Education Career Content Standards</u> Strand 3,4 Standard 1,3,5,6,7</li> </ul>                          | <ul style="list-style-type: none"> <li>● MDECF 2007 Health Education</li> <li>● MCEC Strand 1 Standard 1, 3</li> </ul>                                              | <ul style="list-style-type: none"> <li>● MDECF 2007 Health Education</li> <li>● MCEC Strand 3,6,7 Standard 1-7</li> </ul>                                 | <ul style="list-style-type: none"> <li>● MDECF 2007 Health Education</li> <li>● MCEC Strand 2 Standard 1,2,3,4,6,7,</li> </ul>     |
| C<br>o<br>u<br>r<br>s<br>e<br>C<br>o<br>n<br>t<br>e<br>n<br>t | <ul style="list-style-type: none"> <li>● Personal Health and Wellness</li> </ul>                                      | <ul style="list-style-type: none"> <li>● Safety</li> <li>● Social and Emotional Health</li> </ul>                                                                                                                                                                         | <ul style="list-style-type: none"> <li>● Nutrition and Physical Activity</li> </ul>                                                                                 | <ul style="list-style-type: none"> <li>● Safety</li> <li>● HIV and other STIs Prevention</li> <li>● Sexuality Education</li> </ul>                        | <ul style="list-style-type: none"> <li>● Alcohol, Tobacco and other drugs</li> </ul>                                               |
| S<br>k<br>i<br>l<br>l<br>s<br>T<br>a<br>u<br>g<br>h<br>t      | <ul style="list-style-type: none"> <li>● Injury prevention</li> <li>● CPR training</li> </ul>                         | <ul style="list-style-type: none"> <li>● Living a healthy life</li> <li>● Building health skills and character</li> <li>● Achieving good mental health</li> <li>● Managing stress &amp; anxiety</li> <li>● Identifying and managing mental/emotional problems.</li> </ul> | <ul style="list-style-type: none"> <li>● Nutrition and your health</li> <li>● Managing weight and body composition</li> <li>● Physical activity for life</li> </ul> | <ul style="list-style-type: none"> <li>● Effects of alcohol, tobacco, drugs</li> <li>● Choosing to be drug free</li> <li>● Violence prevention</li> </ul> | <ul style="list-style-type: none"> <li>● Safety</li> <li>● HIV and other STIs Prevention</li> <li>● Sexuality Education</li> </ul> |
| I<br>n<br>t<br>e<br>r<br>v<br>e<br>n<br>t<br>i<br>o<br>n<br>s | <ul style="list-style-type: none"> <li>● Individualized instruction maybe used</li> <li>● Parental contact</li> </ul> | <ul style="list-style-type: none"> <li>● Individualized instruction may be used</li> <li>● Parental contact</li> </ul>                                                                                                                                                    | <ul style="list-style-type: none"> <li>● Individualized instruction may be used</li> <li>● Parental contact</li> </ul>                                              | <ul style="list-style-type: none"> <li>● Individualized instruction may be used</li> <li>● Parental contact</li> </ul>                                    | <ul style="list-style-type: none"> <li>● Individualized instruction may be used</li> <li>● Parental contact</li> </ul>             |

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| <b>R<br/>e<br/>s<br/>o<br/>u<br/>r<br/>c<br/>e<br/>s<br/>U<br/>s<br/>e<br/>d</b>                                           | <ul style="list-style-type: none"> <li>● Health by Glencoe/McGraw-Hill@2004</li> <li>● American Heart Association booklet</li> <li>● videos</li> </ul>         | <ul style="list-style-type: none"> <li>● Health by Glencoe/McGraw-Hill@2004</li> <li>● Handouts</li> <li>● Videos</li> <li>● Workbook</li> <li>● Guest speaker</li> </ul> | <ul style="list-style-type: none"> <li>● Health by Glencoe/McGraw-Hill@2004</li> <li>● Michigan Model for Health</li> <li>● Handouts</li> <li>● Workbook</li> <li>● Video</li> <li>● internet</li> </ul> | <ul style="list-style-type: none"> <li>● Health by Glencoe/McGraw-Hill@2004</li> <li>● Handouts</li> <li>● video</li> </ul>                                                        | <ul style="list-style-type: none"> <li>● Health by Glencoe/McGraw-Hill@2004</li> <li>● Handouts</li> <li>● Workbook</li> <li>● Video</li> <li>● Guest speaker</li> <li>● internet</li> </ul> |
| <b>A<br/>s<br/>s<br/>e<br/>s<br/>s<br/>m<br/>e<br/>n<br/>t</b>                                                             | <ul style="list-style-type: none"> <li>● warm up activity-quick start</li> <li>● worksheets</li> <li>● projects – individual/group</li> <li>● tests</li> </ul> | <ul style="list-style-type: none"> <li>● Warm up activity-quick start</li> <li>● worksheets</li> <li>● projects – individual/group</li> <li>● tests</li> </ul>            | <ul style="list-style-type: none"> <li>● warm up activity-quick start</li> <li>● worksheets</li> <li>● projects – individual/group</li> <li>● tests</li> </ul>                                           | <ul style="list-style-type: none"> <li>● warm up activity-quick start</li> <li>● worksheets</li> <li>● projects – individual/group</li> <li>● tests</li> </ul>                     | <ul style="list-style-type: none"> <li>● warm up activity-quick start</li> <li>● worksheets</li> <li>● projects – individual/group</li> <li>● tests</li> </ul>                               |
| <b>I<br/>n<br/>t<br/>e<br/>g<br/>r<br/>a<br/>t<br/>e<br/>d<br/>C<br/>u<br/>r<br/>r<br/>i<br/>c<br/>u<br/>l<br/>u<br/>m</b> | <ul style="list-style-type: none"> <li>● LA: current events &amp; write a dialogue</li> <li>● MA</li> <li>● SC</li> <li>● SS</li> <li>● CP</li> </ul>          | <ul style="list-style-type: none"> <li>● LA: current events</li> <li>● MA</li> <li>● SC: research MI</li> <li>● SS</li> <li>● CP</li> </ul>                               | <ul style="list-style-type: none"> <li>● LA: current events</li> <li>● MA: target heart rates</li> <li>● SC</li> <li>● SS</li> <li>● CP</li> </ul>                                                       | <ul style="list-style-type: none"> <li>● LA: current events</li> <li>● MA: calculate BAC</li> <li>● SC: tobacco &amp; lungs</li> <li>● SS visual displays</li> <li>● CP</li> </ul> | <ul style="list-style-type: none"> <li>● LA: current event</li> <li>● MA</li> <li>● SC</li> <li>● SS</li> <li>● CP</li> </ul>                                                                |