



## Sick Policy

Below are our policies for sick children, developed with input from many experts, as well as our school nurse.

We will send home any child who:

- Has a fever (100.4 or higher).
- Has vomited.
- Has had diarrhea twice.
- Has a thick discharge from one or both eyes.
- Has a very thick, chesty or barky cough.
- Has a contagious rash.
- Is so uncomfortable that he/she is not able to participate in class activities.

**We expect you to keep your child home until there has been no fever, vomiting, or diarrhea for at least 24 hours (1 full school day) or until your child has been on antibiotics at least 24 hours. It is not acceptable to bring your child's fever down before coming to school by giving your child a fever reducing medication. Your child is still ill if there is a fever or vomiting or diarrhea the night before or in the morning! Your child needs to stay home one extra day. If you bring your child back the day after they have been sent home, we will call you to pick your child up.**

We understand that staying at home with sick children can take up parents' vacation and sick days, but we also know that sick children spread their illness to other children and staff members. We know that sick children do not get well or stay well when their compromised immune systems are bombarded by germs other children may be incubating.

Once your child is ready to come back to school, we can administer medications under the following guidelines from the State of Colorado:

- All medications must be delivered to the BMH-BJ Preschool Office. BMH-BJ Preschool does not supply any medications. No medications can be delivered to your child's classroom or be put into your child's lunchbox or backpack. We have a special drawer solely for medications.
- We need written directions for administering the medication, and we will give it to your child at the proper time.
- All prescription medication must come to us in the original prescription bottle. In the case of antibiotics, you might want to ask your pharmacist to put your prescription into two bottles, one to keep at home and one to leave at school.
- We can administer "over the counter" medications only if we have on file a current, completed, and signed Over-the-Counter Medication Form.

**Please help us to keep our school a healthy environment for all the children and staff! Keep sick children at home, and please know that we will send your child home if they become ill while at school or if they come to school sick.**