



Andrew McCluskey

MAKE AN ENQUIRY ...

01550 537 537

Occupational Therapy for acquired and traumatic brain injury in adults, including assessment and management of the cognitive, emotional, physical and behavioural consequences of brain injury . . .



Conditions

Acquired Brain Injury
Traumatic & catastrophic (incl. Stroke), Orthopaedic Injuries, Progressive Neurological conditions

Specialist skills

Neurorehabilitation
Cognitive rehabilitation
Sensory rehabilitation
Upper extremity rehab
Vocational rehabilitation
SMART Goal setting
Work based Assessments
Spasticity management
Fatigue management
Anxiety management
Environmental adaptations
Posture & Seating
Dynamic & Static splinting
Aids & Equipment
Assistive Technology

Regulation/M'rship

HCPC: [OT59759](#)
BAOT: BT0802697
COTSS-NP:

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Andrew is an Occupational Therapist with extensive experience working in specialist services that deal with complex neurological needs following acquired and traumatic brain injuries. Andrew's experience includes working in The Welsh Neuropsychiatry Service, the Brain Injury Rehabilitation Unit at the Frenchay Hospital in Bristol, the Regional services for Neurorehabilitation and Neuropsychiatry in Cardiff and the Regional Stroke Services in Cardiff and North Bristol.

Andrew is regarded as a mature, honest and highly skilled practitioner who acts with integrity. He is a passionate, committed client advocate, treating clients with dignity and respect. He has a positive outlook and is focused on working with clients towards clear and realistic goals.

Andrew has extensive experience working with adults who have complex neurological and physical needs in both acute and rehabilitation settings, including the assessment and management of the cognitive, emotional and behavioural consequences of brain injury, complex seating and postural assessments, home adaptations, upper limb rehabilitation and splinting. Andrew is also well versed in the preparation of reports for Mental Health Act tribunals and to support funding applications for care and adaptations.

Andrew has completed accredited training in rehabilitation for the upper limb and in the provision of both static and dynamic splints.

Andrew qualified as an Occupational Therapist in February 2009 completing a Postgraduate Diploma at Cardiff University. Additionally, Andrew has a BSc (Hons) in Sport Science and is currently beginning his dissertation for an MSc in Advanced Practice (Cardiff University).

In addition to his client facing work through the Welsh Neuropsychiatry Service, Andrew has taken on service development roles including the introduction and use of outcome measures and the management of awareness following brain injury.

Andrew is registered with the Health and Care Professions Council and is a member of the Royal College of Occupational Therapists. Andrew holds membership of the Royal College of Occupational Therapists' specialist sections for Neurological and Independent Practice.



THE
OT Centre
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TESTIMONIALS

“ Andy is highly motivated , he has a positive outlook and is excellent at focussing clients to work towards achieving realistic goals. ”

June 2018
Wendy Griffiths
Occupational Therapy Team Leader
Welsh Neuropsychiatry Service

EDUCATION & PROFESSIONAL QUALIFICATIONS

Cardiff University

Postgraduate Diploma OT 2009

Bangor University

BSc (Hons) Sport Science 2005 2:1

Cardiff University

MSc Advanced Practice Dissertation in process 90 Credits of taught modules completed

EMPLOYMENT HISTORY

June 2018 – Today: Occupational Therapist, The OT Centre

**August 2015 – Today: Welsh Neuropsychiatry Service
University Hospital Ilandough, Cardiff & Vale University Health Board**

Post Held: Occupational Therapist (Band 6)

Providing specialist rehabilitation for service-users following acquired brain injury (including traumatic brain injuries, tumours and hypoxic injuries). Service-users presenting with cognitive emotional and behavioural deficits following brain injury in addition to upper limb deficits, posture and seating and community access needs. I work autonomously and communicate effectively with independent, local authority and third sector services to address measurable client-centred goals. Within this role I have taken the lead in specialist seating assessments, communicating effectively with service-users.

**April 2015 – August 2015: Frenchay Brain Injury Rehabilitation Unit
Frenchay Hospital, Bristol, The Huntercombe Group**

Post Held: Occupational Therapist (Band 6; Rotational)

Providing specialist rehabilitation for service-users as part of a strong multi-disciplinary team. Working with service-users following acquired brain injury. In this setting I took on coordination roles as a key-worker, managing effective communication between the service-user, their family and third party services. I completed assessments and devised intervention programmes to address the complex physical and cognitive consequences of brain injury. I worked collaboratively with other members of the MDT and provided; specialist seating assessments, dynamic and static splinting interventions, upper limb rehabilitation including functional electrical stimulation. I devised SMART goals collaboratively with service-users to address their therapeutic needs.

**April 2014 – April 2015: Neurosurgery, Southmead Hospital
North Bristol NHS Trust**

Post Held: Occupational Therapist (Band 6; Rotational)

I worked as a senior occupational therapist in the Major Trauma Centre at Southmead Hospital. I demonstrated skills to effectively manage a large caseload of early stage service-users following acquired brain injury, spinal cord injury and progressive neurological conditions. I prioritised my own caseload and delivered specialist assessments and interventions. I communicated effectively ongoing rehabilitation needs and identified appropriate settings for ongoing care or rehabilitation. I provided specialist seating assessments, dynamic and static splinting interventions, upper limb rehabilitation including functional electrical stimulation and liaised with community and rehabilitation services to best meet the future needs of service-users.

**May 2013 – April 2014: Stroke Rehabilitation, Southmead Hospital
North Bristol NHS Trust**

Post Held: Occupational Therapist (Band 6; Rotational)

Whilst working in the Stroke services in North Bristol Trust I was required to complete specialist seating assessment, upper limb assessment and intervention (including splinting) working in close collaboration with the multidisciplinary team. I was required to manage my own caseload and produce reports evidencing ongoing service-user goals and discharge planning. I demonstrated the capacity to communicate effectively with patients and carers. I was required to supervise students and delegate work to non-qualified staff to deliver consistency and intensity of intervention.

**April 2013 – May 2013: Stroke rehabilitation, Cardiff Royal Infirmary
Cardiff and Vale UHB**

Post Held: Occupational Therapist (Band 5; Rotational)

Whilst working in Stroke Rehabilitation I took on the role of key worker, coordinating the multidisciplinary interventions for service-users and communicating these effectively to families, ensuring that the service-user and family were involved in the goal setting process. Occupational Therapy input included upper limb rehabilitation focusing on client centred goals and promoting functional independence in activities of daily living.

Sept 2013 – April 2013:

**Hand Therapy, Cardiff Royal Infirmary
Cardiff and Vale UHB**

Post Held:

Occupational Therapist (Band 5; Rotational)

Working in Hand Therapy I consolidated my skills in splinting and in upper limb assessment and treatment. In this setting I completed competencies evidencing my skills in the management, evaluation and rehabilitation of hand, wrist and forearm injuries. I managed an outpatient caseload independently and evidenced my skills in dealing with high pressure situations whilst working in the Trauma Hand Clinics at University Hospital Wales as part of this post.

Sept 2012 – Sept 2013:

**Neuro Rehabilitation, Rookwood Hospital
Cardiff and Vale UHB**

Post Held:

Occupational Therapist (Band 5; Rotational)

Whilst in post I delivered specialist rehabilitation as part of a multidisciplinary team. I worked with service-users with Acquired brain injuries addressing client-centred goals in a rehabilitation setting. I took on a role as key-worker in addition to my Occupational Therapy interventions providing a key communication link between the service-user, their family, the multidisciplinary team and third party services. I completed assessments and devised intervention plans in collaboration with service-users to address complex physical and cognitive consequences of brain injury. Interventions included: specialist seating assessments, splinting interventions and upper limb rehabilitation focusing on the functional goals of the service-users.

Feb 2010 – Sept 2012:

**Band 5 Rotation, Cardiff
Cardiff and Vale UHB**

Post Held:

Occupational Therapist (Band 5; Rotational)

Additional Band 5 rotations completed in:

- Neuropsychiatry - Providing community and outpatient rehabilitation as part of multidisciplinary team on both a 1:1 and group basis including: functional assessments, home environment assessments, brain injury education and higher level cognitive assessments
 - Care of the Elderly: In patient assessment and treatment. This post required skills in home adaptation and evidencing needs for ongoing care and rehabilitation in community settings.
 - Acute Surgical: This evidenced my skills in time management, management of a high pressure caseload and communicating effectively with members of the multidisciplinary team and community services regarding outcome of interventions and assessments and ongoing service-user needs.
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CONTRIBUTIONS, ARTICLES AND AWARDS

2018 Poster Presentation on the use of sensory integration in rehabilitation at Directorate of Therapies Conference - Cardiff and Vale UHB

REGULATION & MEMBERSHIPS

- Health and Care Professions Council (HCPC).
 - Member of the Royal College of Occupational Therapists Number.
 - Member of the College of Occupational Therapists Specialist Section for Independent Practice
 - Member of the College of Occupational Therapists Specialist Section for Neurological Practice
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PERSONAL PROFILE

I live in Cardiff with my partner and my dog Taffy. I enjoy walking, climbing and wild swimming around south Wales, otherwise I spend time at home playing my guitar, and a bit of DIY.

I am registered with the Health and Care Professions Council and Royal College of Occupational Therapy.

REFEREES

References are available on request.
