

ANIMALS GAMES

WARM UP.

Run 15 minutes.

MAIN PART.

1. THE 10 PASSES

In two groups with a ball, the first group tries to pass the ball 10 times , the second group tries to intercept the passes. If they succeed start again

2. STORK RACE (carrera de cigüeñas)

In two rows, hold a leg of the person in front of you and rest an arm on their shoulder. Then race the other team.

3. HUNGRY DRAGONS

In two rows holding the waist of the person in front of you. The heads of the rows try to catch the tails of the rows, like two dragons.

4. LA CHICKEN AND THE CHICKS.

In two rows holding the waist of the person in front of you, the first one in the row is the wolf, who tries to eat the last one in the other team's row, the chicks. The rest protect the chick.

5. THE WORM

In two rows, crouch down and hold the ankles of the person in front of you. Then the whole row tries to walk forward as fast as possible.

6. DUCK RACE.

In two rows, one hand between your legs hold the hands of the person in front of you Then the whole row tries to walk forward as fast as possible.

7. HELL'S TUNEL

One group forms a row holding balls and throw them at the members of the other group as they try to get past.

WHERE IS THE BALL?

Sitting in a circle with one person in the middle, the others pass the ball behind their backs, the one in the middle tries to guess who has the ball