Danna Pycher - Emotional Mastery

A four week, transformative, program designed to help you take full control of your emotions.

Welcome to Emotional Mastery: a 30-day transformative course that will reprogram your mind and emotions. Whether you've been struggling with depression, anxiety, anger management, or simply want to experience more happiness, this powerful hypnosis program will get to root of all these issues and transform your life.

You see, our minds and bodies already know how to heal. They just need a bit of guidance. Every aspect of our lives are a product of past beliefs and programming. We've all had experiences that shape the way we think, behave, and feel the way we do. All it takes is some redirection to overcome any unconscious beliefs that have been affecting your well-being.

This program has been carefully designed to help you dissolve all of the unproductive patterns that have been controlling your life.

Each week, you will receive a new hypnosis audio along with multiple emails a week with resources, tips, check-ins.

"This was awesome, thank you so much for this! I did [the stress relief audio] on my lunch break and already feel less stressed going into my afternoon! :)" – Linda, Emotional Mastery Participant

The audios you will receive:

Anxiety
Anger Management



Frequently Asked Questions

When does the course start?

Right now! As soon as you enroll, you'll get an email from me and receive access to the program immediately. Keep in mind that the hypnosis audios are emailed each week to ensure that you master each one.

How do Laccess the course?

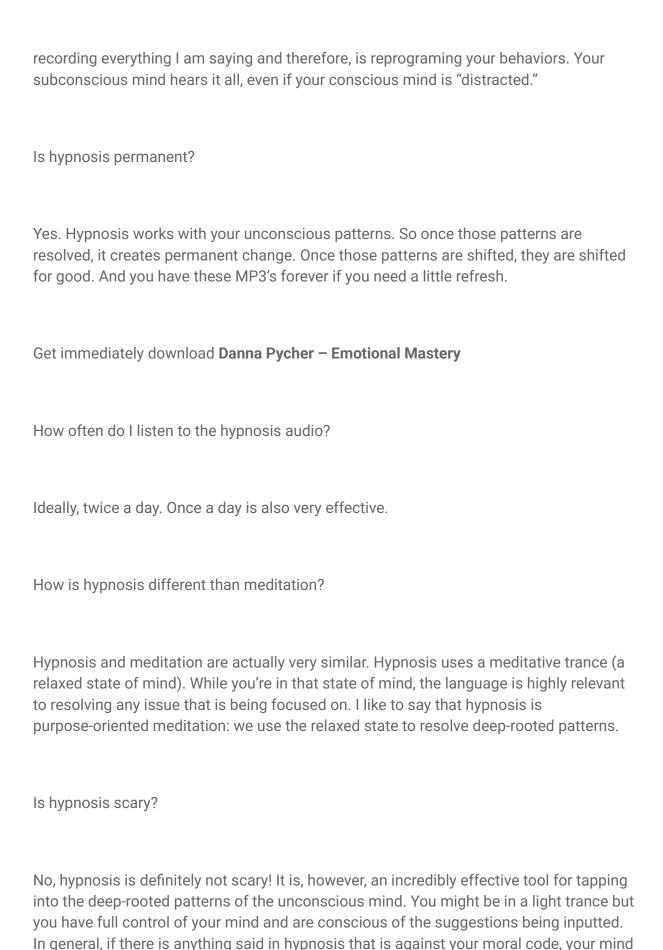
We recommend downloading the Teachable app straight to your iPhone, iPad, or Android. You can listen to your audios straight from the app. Or simply login to Teachable.com on your computer with the username and password you created to enroll in the course. If you have questions, feel free to contact us.

What if I don't love the course?

We really believe in the programs we offer and have seen incredible results; so we rarely hear any complaints. Because we believe in them so much, we offer a money back guarantee. If you do not love the course, you can get a full refund. No strings attached.

Do I have to be good at hypnosis?

There's no such thing as being or not being "good" at hypnosis. Most people go in a light trance but even if it takes some time at first, know that your mind is listening to and



will reject it. It is a safe, soothing, and incredible experience.

How long will the course be open?				
Forever! This course is yours. You can download the audios and listen to them at your convenience and on your device of choice.				
Any questions?				
Please email me!				
Get started now!				
Meet Danna				
Danna Pycher Danna Pycher				
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I'm Danna Pycher, a hypnotherapist specializing in chronic illness, trauma, and weight loss. I work with people from around the world to help them overcome underlying emotional issues that have created or aggravated physical distress.

I'm here to help YOU get to the root of whatever you may be facing. It doesn't matter how long you've been struggling... your healing journey starts NOW.

Here's What You'll Get in Danna Pycher – Emotional Mastery

1.Emotional Mastery Program	23 thg 4, 2021	-
2.Depression Audio	23 thg 4, 2021	-
3.Are you willing to change	23 thg 4, 2021	-
4. Journal Entry	23 thg 4, 2021	-
5.You don_t have to be good at hypnosis	23 thg 4, 2021	-
6.Change doesn_t need to be hard	23 thg 4, 2021	-
7.0verwhelm _ Stress Hypnosis Audio	23 thg 4, 2021	-
8. Overwhelm Visualization	23 thg 4, 2021	-
9.Tips for Overwhelm	23 thg 4, 2021	-
10.Feel better FAST	23 thg 4, 2021	-
11.Anger Hypnosis Audio	23 thg 4, 2021	-
12.How to release anger	23 thg 4, 2021	-
13.Is it okay to breakdown	23 thg 4, 2021	-
14.Becoming stronger	23 thg 4, 2021	-
15.Watch Your Thoughts	23 thg 4, 2021	-