



Vista Ridge High School

Ranger Relays

Thursday March 24th

Dear Coaches,

Thank you in advance for attending the 2022 Ranger Relays, we are excited to host you on **March 24th** at Ranger Stadium. Listed below are the teams who will be competing this year. On the pages that follow, you'll find a rough draft of the order of events and a map of our track facility: with field event and bus parking locations.

Restrooms for athletes, spectators, and coaches:

- Located behind the grandstands @ Ranger Stadium

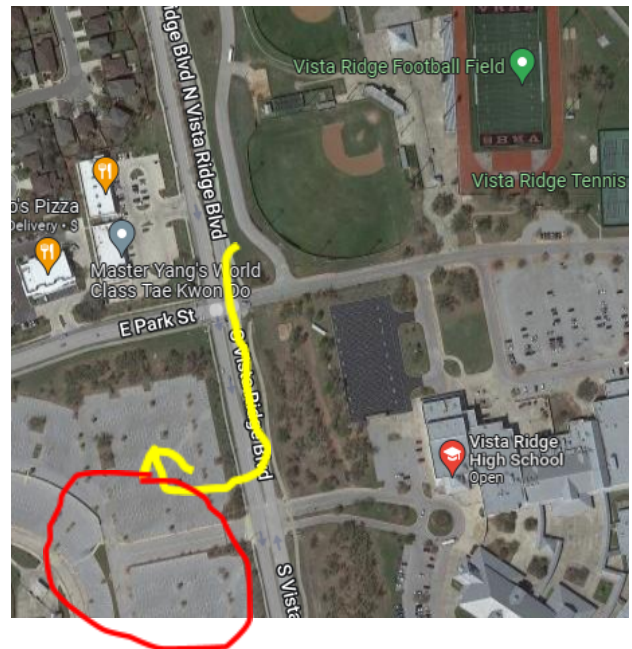
Parking

- All parking will be located at Gupton Stadium, just across the street

Food

- Cedar Pork Taco's will have their food truck behind the grandstands

If you have any questions, feel free to contact me at jesse.leake@leanderisd.org or call 405 – 657 – 0755.



Thank you,

Jesse Leake

Vista Ridge High School Track & Field

Teams attending:

Austin HS	Hutto	Stony Point
Cedar Park	LASA	Vandegrift
East View	Leander	Westmoore, OK
Glenn	Liberty Hill	Westwood
Hays	Lake Travis	Westlake

Field Events		
Varsity (Thursday, March 24th) <i>begin at 9:00 a.m.</i>		
Shot Put Ring 1 Ring 2 9:00 a.m. ☐ VG, VB JVB, JVG <i>(both</i> <i>Rings will be going)</i> Discus 9:00 a.m. ☐ VB, VG, JVB, JVG Long Jump 9:00 a.m. ☐ VG, VB, JVG, JVB Triple Jump 9:00 a.m. ☐ VB, VG, JVB, JVG High Jump 9:00 a.m. ☐ VG, VB, JVB, JVG Pole Vault 9:00 a.m. ☐ VB, VG, JVG, JVB		
Running Events		
Varsity (Thursday, March 24th)		
9:00	3200 (VG, VB, JVG, JVB)	
1:00	4x100m Relay (JVG, JVB, VG, VB)	800

	100 Hurdles
	110 Hurdles
	100
	4x200m
Relay	
	400
	300 Hurdles
	200
	1600
	4x400m
Relay	

Opening Heights / Minimum Marks

JV

High Jump	Girls = 4'4" Boys = 5'0"
Pole Vault	Girls = 7' Boys = 8'

Ranger Relays – Order of Events

Opening Heights / Minimum Marks

Varsity

High Jump	Girls = 4'6" Boys = 5'6"
Pole Vault	Girls = 9' Boys = 11'

