

### ES-15: Energy Reduction Log - Daily Template

COMPLETE THIS LOG AND UPLOAD IT INTO THE HUB AS PART OF THE REQUIRED DOCUMENTATION\*

*\* (a screenshot of your FPL bill showing your energy use comparison is also required)*

Date	Unique Energy Reduction Action/ product	Action	Challenges Encountered if any	Daily reading of Kilowatt hour (KWH) usage. Use the FPL app
<b>Example:</b> <i>March 15th</i>	<i>Raise A/C Thermostat</i>	<i>Raised AC temp by 2 degrees from 72 to 74</i>	<i>Though I tried to make my apartment warmer, my mother likes it much cooler. So, I could not raise thermostat all the time.</i>	<i>29.3 KWH</i>
[Insert Date]				
[Insert Date]				
[Insert Date]				
[Insert Date]				
[Insert Date]				
[Insert Date]				

#### Instructions/Reflections:

- In addition to uploading this log into the Hub as documentation, you must also upload a screenshot of your Energy Usage Comparison from your current FPL bill (block out personal information).
- Note any challenges faced during the week.
- Reflect on the overall impact and any changes in habits or awareness.
- Consider future strategies to further reduce your energy usage.