

CORNING – PAINTED POST HIGH SCHOOL
HAWKS GIRLS VARSITY AND JUNIOR VARSITY LACROSSE 2023
PLAYER / PARENT MEETING AGENDA

Varsity Coaches - Kevin Scanlon, Kim McNaney

Junior Varsity Coaches – Rebecca Streeten, Brian Guilfoyle

Modified Coaches – Kelsie Curren, Rachel Hine, Shannon Marlow-McCowan

This agenda is located on our website under the Varsity Tab

Practice & Game Schedule – Please be flexible and patient. Changes are inevitable. It is necessary that players are prepared to practice inside or outside at the scheduled time every day.

- Google Calendar practice schedule for Varsity
- Sunday practices
- Coach Streeten with JV specifics
- Schedulagalaxy - The best and most up to date source

Communication - Email, Remind, Google Classroom, Google Calendar, sites.gstboces.org/hawksglax/

Game Day Uniform – Black Cold Gear, School Color Cleats/Turfs, School Color Hair Bands

Practice Gear - Grey sweatpants and sweatshirt when it's cold. Black shorts and gray T-shirt when not wearing groudfits.

Playing Time - Playing time is earned by athleticism, skill, ability, condition, position, work ethic, attitude, coachability, etc... Playing time is not mandatory or equal. It is our intention as a coaching staff to communicate with our athletes and make sure each athlete understands where they are on the depth chart. If there are ever any questions or concerns please feel free to contact the coach. Please do not approach the coach on game day.

- Developing Skill
- Building team, learning systems and developing team chemistry

Corning Youth Lacrosse – Numbers are low. Please share, promote and grow the girls game.

- Youth league Clinic Sunday March 26, 2023

Booster Club - Concession Stand

- Coaches will put out a schedule
- Varsity parents work for one JV game
- JV parents work for one Varsity game
- Please feel free to switch with someone if you have a conflict

TEAM - It's the best part of why we come together. The Team experience is what will last forever. Genuinely committing to and supporting each other. The wins, losses, stats, starts, and playing minutes will fade quickly.

Officials / Sportsmanship - Let's make Sportsmanship our top priority! Please cheer for our athletes and refrain from yelling at officials. Officials are human and will make mistakes and bad calls. It's not an easy job.

- Can you think of a parent that cheers for your child as loud as they cheer for their own?
- Can you think of a parent that has yelled something negative toward your child?
- Can you think of a parent that only cheers for their own child?
- How do these scenarios make you feel? Which parent are you?

Game Rules / Emphasis

- Yellow Cards - 4 team cards we play a player down for the rest of the game. 2 individual cards and that player is out for the game.
- Fouls - There is a fine line between necessary/productive vs. NOT
- Jewelry / Mouthpiece (if it's noticed at practice the whole team will run)
- Questions

Statistics and Filming

- Can't express how important
- Scorebook at Table (1)
- Game Statistics (x2) - ground balls, shots, draw controls, saves, clears, rides etc...
- Filmer (1) - Our own video uploaded to Hudl and submitted to assist

Student Code of Conduct Handbook

Located on our District Website

[CLICK HERE for link](#)

Attendance

- Attendance to all practices, scrimmages and games is expected
- Absenteeism will happen and that's OK, however your absence does have an impact on the team. Please schedule your busy calendar carefully to honor your commitment to the team.
- Communication prior to all absences or tardies is expected and appreciated
- Consequences for absences will be determined by the coach and conversation with the player based on the reason and duration of the absence.
- **Student Code of Conduct Handbook - Section 4**

Attendance