

Suggested Links for Mental Health Research Topics

It is ESSENTIAL that you use quality sources which contain accurate, factual information, especially topics related to health. Many of the sites listed below will lead you to further credible resources and information on other sites. Remember that there is also the WebPath Express option available through our library catalog. Should you need further resources, beyond this list, just connect with Ms. Salisbury (via email, see below) and she is happy to help.

lisasalisbury@sjisd.org

Mood Disorders

TeensHealth - Select from list of topics or if needed, select "Mental Health", the 3rd topic in the list
<https://kidshealth.org/en/teens/your-mind/?WT.ac=t-nav-your-mind#catmental-health>

Center for Addiction & Mental Health - an extensive topic list organized alphabetically
<https://www.camh.ca/en/health-info/mental-illness-and-addiction-index>

Mental Health Foundation - depression
<https://mentalhealth.org.uk/a-to-z/d/depression>

National Institute of Mental Health - postpartum depression
<https://www.nimh.nih.gov/health/publications/postpartum-depression-facts/index.shtml>

World Health Organization - be sure to select the Facts Sheets along the right column for more info
<https://www.who.int/en/news-room/fact-sheets/detail/mental-disorders>

Anxiety Disorders

TeensHealth - Select from list of topics or if needed, select "Mental Health", the 3rd topic in the list
<https://kidshealth.org/en/teens/your-mind/?WT.ac=t-nav-your-mind#catmental-health>

Center for Addiction & Mental Health - an extensive topic list organized alphabetically
<https://www.camh.ca/en/health-info/mental-illness-and-addiction-index>

Mental Health Foundation - PTSD
<https://mentalhealth.org.uk/a-to-z/p/post-traumatic-stress-disorder-ptsd>

National Institute of Mental Health - anxiety disorders
<https://www.nimh.nih.gov/health/topics/anxiety-disorders/index.shtml>

Conduct/Personality Disorders

TeensHealth - Select from list of topics or if needed, select "Mental Health", the 3rd topic in the list

<https://kidshealth.org/en/teens/your-mind/?WT.ac=t-nav-your-mind#catmental-health>

Center for Addiction & Mental Health - an extensive topic list organized alphabetically

<https://www.camh.ca/en/health-info/mental-illness-and-addiction-index>

World Health Organization - be sure to select the Facts Sheets along the right column for more info

<https://www.who.int/en/news-room/fact-sheets/detail/mental-disorders>

Mayo Clinic- personality disorders overview

<https://www.mayoclinic.org/diseases-conditions/personality-disorders/symptoms-causes/syc-20354463>

Mayo Clinic - narcissistic personality disorder

<https://www.mayoclinic.org/diseases-conditions/narcissistic-personality-disorder/symptoms-causes/syc-20366662>

Mayo Clinic - schizophrenia

<https://www.mayoclinic.org/diseases-conditions/schizophrenia/symptoms-causes/syc-20354443>

Healthline - borderline personality disorder

<https://www.healthline.com/health/borderline-personality-disorder>

Healthline -antisocial personality disorder

<https://www.healthline.com/health/antisocial-personality-disorder>

National Institute of Mental Health- schizophrenia

<https://www.nimh.nih.gov/health/topics/schizophrenia/index.shtml>

Eating Disorders

TeensHealth - Select from list of topics or if needed, select "Mental Health", the 3rd topic in the list

<https://kidshealth.org/en/teens/your-mind/?WT.ac=t-nav-your-mind#catmental-health>

Center for Addiction & Mental Health - an extensive topic list organized alphabetically

<https://www.camh.ca/en/health-info/mental-illness-and-addiction-index>

Mental Health Foundation

<https://mentalhealth.org.uk/a-to-z/e/eating-disorders>

Mayo Clinic

<https://www.mayoclinic.org/diseases-conditions/eating-disorders/symptoms-causes/syc-20353603>

FHHS Library: Research Resources

National Institute of Mental Health

<https://www.nimh.nih.gov/health/topics/eating-disorders/index.shtml>

Johns Hopkins Medicine - Body Dysmorphic Disorder

<https://www.hopkinsmedicine.org/health/conditions-and-diseases/body-dysmorphic-disorder>

KidsHealth - Body Dysmorphic Disorder

<https://kidshealth.org/en/parents/bdd.html>

Autism Spectrum & Childhood Disorders

National Institute of Mental Health

<https://www.nimh.nih.gov/health/topics/autism-spectrum-disorders-asd/index.shtml>

World Health Organization - be sure to select the Facts Sheets along the right column for more info

<https://www.who.int/en/news-room/fact-sheets/detail/mental-disorders>

WebMD - Asperger's syndrome

<https://www.webmd.com/brain/autism/mental-health-aspergers-syndrome#1>

Mayo Clinic - Tourette Syndrome

<https://www.mayoclinic.org/diseases-conditions/tourette-syndrome/symptoms-causes/syc-20350465>

National Institute of Neurological Disorders & Stroke - Tourette Syndrome

<https://www.ninds.nih.gov/Disorders/Patient-Caregiver-Education/Fact-Sheets/Tourette-Syndrome-Fact-Sheet>

ASHA - Reading Disorders

<https://www.asha.org/Practice-Portal/Clinical-Topics/Written-Language-Disorders/Disorders-of-Reading-and-Writing/>

Mayo Clinic - Dyslexia

<https://www.mayoclinic.org/diseases-conditions/dyslexia/symptoms-causes/syc-20353552>

Addiction Disorders

Center for Addiction & Mental Health - an extensive topic list organized alphabetically

<https://www.camh.ca/en/health-info/mental-illness-and-addiction-index>

National Institute of Mental Health

<https://www.nimh.nih.gov/health/topics/substance-use-and-mental-health/index.shtml>

FHHS Library: Research Resources

National Institute on Drug Abuse

<https://www.drugabuse.gov/publications/drugfacts/understanding-drug-use-addiction>

MedicineNet

https://www.medicinenet.com/drug_abuse/article.htm

Dementia Disorder

Center for Addiction & Mental Health - an extensive topic list organized alphabetically

<https://www.camh.ca/en/health-info/mental-illness-and-addiction-index>

World Health Organization - be sure to select the Facts Sheets along the right column for more info

<https://www.who.int/en/news-room/fact-sheets/detail/mental-disorders>

Alzheimer's Society

<https://www.alzheimers.org.uk/about-dementia/types-dementia/what-dementia>

Mayo Clinic

<https://www.mayoclinic.org/diseases-conditions/dementia/symptoms-causes/syc-20352013>

Sleep & Wake Disorders

National Institute of Neurological Disorders & Stroke - Narcolepsy

<https://www.ninds.nih.gov/Disorders/Patient-Caregiver-Education/Fact-Sheets/Narcolepsy-Fact-Sheet>

Healthline - Narcolepsy

<https://www.healthline.com/health/narcolepsy>

National Institute of Health - Insomnia

<https://www.nhlbi.nih.gov/health-topics/insomnia>

Hypersomnia

<https://www.ninds.nih.gov/Disorders/All-Disorders/Hypersomnia-Information-Page>

Mayo Clinic - Insomnia

<https://www.mayoclinic.org/diseases-conditions/insomnia/symptoms-causes/syc-20355167>

Hypersomnia

<https://www.mayoclinic.org/diseases-conditions/hypersomnia/symptoms-causes/syc-20362332>

Hypersomnia Foundation

<https://www.hypersomniafoundation.org/>