

First Team

Name	School	Grade
Ellie Lynch	Ames	12
Cassie Johnson	Ankeny	11
Abby Rusher	Ankeny	11
Jordyn Kennedy	Ankeny Centennial	9
Lauren Gustofson	Ankeny Centennial	12
Breanna Caffery	Bettendorf	12
Addyson Alber	Cedar Rapids Kennedy	12
Jolee Strohmeyer	Dubuque Senior	9
Paige Peterson	Johnston	12
Emily Koranda	Linn-Mar	10
Maura Chalupa	Muscatine	12
Jessica Clemons	Pleasant Valley	11
Kasey Kane	Pleasant Valley	10
Piper Johnson	Prairie	9
Sydney Potter	Southeast Polk	12
Addi Brunner	Southeast Polk	12
Ella McGee	Waukee	11
Maddie Oetzmann	Waukee Northwest	12
Claire Long	West Des Moines Valley	11
Mackenzie Mohler	West Des Moines Valley	10

Coach of the Year: Brett Delaney, Ankeny Centennial

Second Team

Name	School	Grade
Larissa Miller	Ankeny	12
Lauren Sandholm	Ankeny Centennial	8
Emily Rigdon	Bettendorf	12
Lily Knutson	Cedar Rapids Kennedy	9
Caedence Risius	Des Moines Lincoln	11
Chandler Houselog	Dubuque Hempstead	11
Lydia Ettema	Dubuque Hempstead	12
Meredith Gatto	Dubuque Senior	12
Lianna Hall	Iowa City High	10
Haley Schroeder	Iowa City Liberty	11
Ella Smithson	Johnston	11
Rachael Schlotter	Johnston	12
Jordyn Beck	Linn-Mar	12
Grace McCarty	Linn-Mar	12
Avery Schroeder	Muscatine	11
Becca Haag	Muscatine	12
Alexys Jones	Sioux City East	12
Lily Rand	Waukee	12
Ava Smith	Waukee Northwest	12
Kari Rose	West Des Moines Valley	9

Third Team

Name	School	Grade
Kendra Winfrey	Ankeny	12
Mackenzie James	Ankeny Centennial	12
Mady Ott	Ankeny Centennial	9
Sydney Morris	Ankeny Centennial	12
Bianca Shorter	Davenport Central	11
Mo Purdy	Des Moines East	11
Oliva Feuling	Des Moines Lincoln	12
Clara Page	Des Moines Roosevelt	8
Brynlee Slockett	Iowa City Liberty	11
Haileigh Smith	Iowa City Liberty	12
Ashlynn Sheets	Ottumwa	12
Grace George	Pleasant Valley	9
Oliva Mentzer	Sioux City East	11
Natalie Rasmussen	Sioux City North	11
Jayda Long	Southeast Polk	12
Briana Tigges	Urbandale	12
Aalonna Ford	Waterloo East	12
Kiana Carnes	Waukee Northwest	12
Anna Eastin	West Des Moines Valley	11
Reese Cooley	West Des Moines Valley	12