Short Course 2025



Begins on Monday 8/18

Group	Schedule	Coach
Splash 5-6 year olds	Tuesday/Thursday 4:30-5:30 pm	Lydia
Developmental 1	Monday/Wednesday – 4:30-5:30 pm	Jennie & Nash
7-10 year olds	Monday/Wednesday – 6:30-7:30 pm	Lydia & Nash
Developmental 2	Monday/Wednesday – 5:30-6:30 pm	Jennie & Lydia
10 & Unders	Tuesday/Thursday - 5:00-6:00 pm	Julia
	Tuesday/Thursday 6:30-7:30 pm	Hugo & Tommy
Dev 2 11+		Julia
	Monday/Tuesday/Thursday 6:15-7:00pm	Sarah & Elaine
Age Group White	Monday - Thursday 4:15-5:45	Luke, Elena, &
(4th grade and under)		Tyler H.
Age Group Black 1	Monday-Wednesday 6:15 - 7:30pm	Julia & Lessi
(5th and 6th grade)	Friday 6:15 -7:30pm	
	Optional Saturday w/AGB 2	
Age Group Black 2	Monday – Friday 5:45-7:30pm	Elena & Tyler H.
(5th and 6th grade)	Saturday 9:00-11:00am	
Age Group Gold 1	Monday – Friday 6:00 -7:30 pm	Tyler S. & Hugo
(7th and 8th grade)	Optional Saturday w/AGG 2	
Age Group Gold 2	Monday – Friday 5:30-7:30 pm	Legend
(7th and 8th grade)	Tuesday 5:30-7:00am	
	Saturday 7:30-9:30	
Senior 1	Monday-Friday 3:30-5:00 pm	Julia
	& Optional mornings with Senior 2	
Senior 2	Monday AM: 6:00-7:00am Dryland Only	Legend
	M/W/F PM: 3:30-5:30pm	
	T/Th AM: 5:30-7:30am	
	T/Th PM: 3:30-5:15pm	
	Saturday 6:30 - 9:30am	
Select	Monday AM: 6:00-7:00am Dryland Only	Mike & Jenna
	M/W PM: 3:30-6:00pm	
	T/Th AM: 5:30-7:30am	
	T/Th PM: 3:30-5:15pm	
	Friday 3:30-5:30pm	
	Saturday 6:30 - 9:30am	

^{**} All UIL High School Swimmers will stay in their assigned UIL practice and then switch over to their COM practice**