

TEAM BUILDING GAMES

(Based on improving skills such as communication, trust, coordination, leadership etc)

ACTIVITY	MIN PAX	TIME DURATION	LEARNING
PASS THE PLANK	15	30 MINUTES	TEAM BUILDING
STRETCHER RESCUE	15	30 MINUTES	LEADERSHIP & TEAM BUILDING
HIT THE TARGET	15	45 MINUTES	COMMUNICATION
NAIL BALANCE	15	20 MINUTES	TRUST
COIN TALK	15	15 MINUTES	COMMUNICATION
BALANCE THE HU-LA RING	15	30 MINUTES	COORDINATION
WHERE IS MY MONKEY	15	60 MINUTES	COORDINATION
AUSTRALIAN PLANKS	15	30 MINUTES	TEAM BUILDING
HUMAN CHESS	32	40 MINUTES	TRUST
SNATCH THE CAP	15	40 MINUTES	TEAM BUILDING
THE BUCKET STORY	15	60 MINUTES	TEAM BUILDING
THE MARBLE LINK	15	30 MINUTES	TEAM BUILDING & TRUST
SHEEP & SHEPHERD	15	45 MINUTES	COMMUNICATION
INVISIBLE VOLLEYBALL	15	45 MINUTES	COMMUNICATION
SPIDER WEB	15	30 MINUTES	TRUST & TEAM BUILDING
TUG OF WAR	15	30 MINUTES	TAG OF WAR
KNOT MAIZE	15	45 MINUTES	COORDINATION
COLLECT THE BALL	15	60 MINUTES	COMMUNICATION
BALLOON RELAY RACE	15	45 MINUTES	TEAM BUILDING