



NAC MEET SCHEDULE

LCM 2026

Date	Meet	Location
April 18 - 19	HSA LC Invite <i>All Competitive Team Groups except Green Group</i>	Huntsville, AL
May 9 (TBD)	a-MAY-zing Races (Short Course) <i>For Swimfit, Green Group, and White Group</i>	Nashville @ Sportsplex (HOST)
May 16 - 17	NAC LC Invite <i>All Competitive Team Groups</i>	Nashville @ Sportsplex (HOST)
May 14-17	Charlotte Invitational <i>Invited Senior Athletes Only</i>	Charlotte, NC
June 18 - 20	NAC Summer Sizzler <i>All Competitive Team Groups except Green / White</i>	Nashville @ Sportsplex (HOST)
July 10 - 12	Seymour Invite <i>Red, Blue, RACE, Senior 1 swimmers not yet qualified for the Southeastern Championships</i>	Seymour, IN
July 12 (TBD)	Green/White Mini Meet <i>All Green and White Group Swimmers</i>	Nashville @ Sportsplex (HOST)
July 17 - 19	Southeastern Championships <i>All Qualified Age Group Swimmers</i>	Huntsville, AL
July 22 - 25	Senior Showdown <i>Senior 1, 2, 3 swimmers who have a Southeastern Championship Qualifying time</i>	Morgantown, WV
Days TBD	Southern Zone Age Group Championships <i>11-14 year olds that apply and are selected to represent Southeastern Swimming. The top 12 applicants in each age group from all of Southeastern Swimming will be selected.</i>	Orlando, FL
July 28 - Aug 1	Summer Nationals <i>All Qualified Senior Swimmers</i>	Irvine, CA

Updated 11/25/25 @ 3:20p