



2025 MATA Annual Meeting and Symposium
 “Improving the Healthcare Landscape for Athletic Trainers and Their Patients”

Saturday 8:30am-3:00pm (5.75 CEU hours)

Time	Session	Speaker	BOC Practice Domains (BCS-O Domains)	Level of Presentation
7:30 - 8:30	Registration & Breakfast/Bloody Mary Bar (American Foyer A)			
8:30 - 8:35	Welcome	Ryan Hedwall MA, LAT, ATC, OTC, BCS-O MATA Vice President		
	Pediatric Athletic Injuries (American Salon A)			
8:35 - 9:00	“Do Not Miss” injuries in pediatrics	Pamela Lang MD Shriners Hospital	1 (1)	Advanced
9:00 - 9:25	Growth Plate Fractures in the Adolescent Athlete: Now What?	Heather Bergeson MD TRIA Orthopedics	4 (1)	Advanced
9:25 - 9:30	Q&A (QR Code)			
9:30 - 9:55	Non-Accidental Pediatric Injuries	McKayla Schmitt MD TRIA Orthopedics	3 (1)	Essential
9:55 - 10:20	The Next G.O.A.T.: How Sports Specialization Impacts the Adolescent Athlete (Elbow)	Deb Bohn MD University of Minnesota	1 (1)	Advanced
10:20 - 10:25	Q&A (QR Code)			
10:25 - 10:40	Break			
	Cardiovascular & Musculoskeletal Health (American Salon A)			
10:40 - 11:05	Athlete's Heart and Vaccine Associated Myocarditis	Darrell Newman MD Mayo	1	Advanced
11:05 - 11:30	New Medical Guidelines for Return to Play/Physical Activity in Athletes & Patients Who Have Suffered Cardiac Arrest	Kathryn Larson MD Mayo	2,3	Advanced
11:30 - 11:35	Q&A (QR Code)			
11:35 - 12:00	When Is Enough, Enough? Strength & Conditioning Associated Rhabdomyolysis	Eric Twohey MD Mayo	4	Advanced
12:00 - 12:25	Exertional Sickling in the Athletic Population: How to Manage Exercise Load	Shannon Glinka ATC Minnesota Vikings	1	Advanced
12:25 - 12:30	Q&A (QR Code)			

12:30 - 1:00	Lunch (American Foyer A)			
	Injury Management (American Salon A)			
1:00 pm – 1:35 pm	Environmental Injuries	Blaine Birtzer MS, ATC Hamline University	2,3	Essential
1:35pm - 1:40pm	Q&A (QR Code)			
1:40pm - 2:15pm	Recognizing Lumbar Stress Fractures in Adolescent Athletes	Marty Caron DC Caron Chiropractic	3	Advanced
2:15pm - 2:20pm	Q&A (QR Code)			
2:20pm - 2:55pm	Preventing Burnout	Allie Wagener PhD, LP Achieve Performance Psychology	1, 5	Essential
2:55pm -3:00pm	Q&A (QR Code)			
3:00 pm	Adjourn			