

Seasonal Ocean Rescue Lifeguard

An Ocean Rescue Lifeguard is responsible for ensuring the safety of beach patrons by preventing and responding to emergencies. They are also responsible for educating the public about beach and water safety and other public safety matters and to ensure compliance with state and local laws including beach ordinances.

Work is performed under the general supervision of the Ocean Rescue Captain or Director.

Essential Duties

- Scans the area of surveillance to make sure that patrons are safe and behaving according to the rules.
- Acts in emergency situations and provides rescue and first aid assistance up to his or her training level until medical personnel arrive.
- Watches for unsafe conditions to prevent accidents and reports any hazards to the supervisor.
- Educates beach patrons about ocean swimming safety and hazards.
- Enforces rules consistently and fairly.
- Fills out reports for incidents or other records for reference.

Knowledge, Skills, and Abilities

- Knowledge of lifesaving methods and procedures, including first aid and CPR.
- Skilled in swimming.
- Maintains a professional appearance.
- Interacts politely with beach patrons and acts as a role model for the organization and community.
- Attends all meetings and training sessions for the ocean rescue staff.
- Ability to react quickly and calmly in emergencies.

Physical Requirements

Work in this class is defined as heavy work requiring physical exertion of in excess of 100 pounds of force occasionally, and/or in excess of 50 pounds of frequently, and/or up to 20 pounds of force constantly to move objects. Physical activities may include climbing, stooping, kneeling, crouching, reaching, walking, standing, pushing, pulling, lifting, grasping, feeling, talking, hearing, and performing repetitive motions. Employees must have the physical strength, endurance, and ability to swim against currents, sit for extended periods of time, and ability to drag 150 pounds through ocean surf. Employees must have the visual acuity to distinguish people and objects at emergency scenes, both in and out of the water, with eyesight correctable to 20/40. Employees must have the stamina to work for extended periods of time in emergency situations.

Working Conditions

Work is performed primarily in outside environmental conditions in extreme heat, constant sun, wind, blowing sand conditions, and rain. Employees are subject to noise which requires shouting in order to be heard above the sound of surf and crowd conditions.

Employees are subject to workplace hazards including proximity to moving mechanical parts and equipment, exposure to chemicals, oils, fuels, and potential for blood borne pathogens, prolonged exposure to the sun, wind, and ocean environment. Employees are exposed to potential for personal harm or injury due to bites or stings from ocean fish, mammals, or crustaceans as well as sharp objects (glass, cans, nails, ocean shells, etc), and potential conflict with intoxicated persons who become belligerent and refuse to comply with instructions.

Education

Graduation from high school or GED equivalency. (Unless under 18 and currently enrolled in high school)

Experience

Must have current Lifeguard Training and/or Community First Aid Training, and Professional Rescuer Cardiopulmonary (CPR) within 3 weeks of employment.

*****Seasonal recreational staff, not eligible for overtime*****

Disclaimer: This description has been designed to indicate the general nature and level of work performed by employees within this job description. It is not designed to contain or be interpreted as a comprehensive inventory of all duties, responsibilities, and qualifications required of employees to perform the job. Outer Banks Water Safety reserves the right to assign or otherwise modify the duties assigned to this job.