

# - "28 Days To A Client" -


## The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ✓/✗	1	Watch the morning power-up call from the day before
2. ✓/✗	1	Find 3-5 prospects, and use chat gpt to find search terms
3. ✓/✗	1	Research the prospect's problem and pain
4. ✓/✗	1	Research the avatar
5. ✓/✗	1	Create spec work and review that
6. ✓/✗	1	Send outreach
7. ✓/✗	1	Review copy and give constructive advice
8. ✓/✗	1	Break down sales page copy
9. ✓/✗	1	Review my outreach
10. ✓/✗	1	Pray to God
11. ✓/✗	2	Join calls if available
12. ✓/✗	2	Meditate
13. ✓/✗	2	Shower and skincare
14. ✓/✗	2	My own general health research to improve me
15. ✓/✗	2	Read some notebook lessons to remind me of things
16. ✓/✗	2	Read bible
17. ✓/✗	3	
18. ✓/✗	3	
19. ✓/✗	3	
20. ✓/✗	3	

**Day Number:**

**Date:**

**Start Of The Day - Time:**

	<b>🙏 3 Things That I Am Excited To Have In The Future? 🙏</b>
<b>1.</b>	
<b>2.</b>	
<b>3.</b>	

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 **Hour-By-Hour**  
**Tracking:** 

**[Track+Measure=Improve]**

<b>\$ Task:</b>	<b>\$ Task = Set The Task That I Intend To Complete This Hour?</b>
<b>🔔 Intention:</b>	<b>🔔 Intention = What Is My Plan Of Action To Complete This Task For This Hour?</b>
<b>🔪 Reflection:</b>	<b>🔪 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?</b>

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**My War Mode Words:**

- 1. I Am Acting With No Limits To My Abilities!***
- 2. I Am Being All That I Can Be, Every Hour And Every Day!***
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!***
- 4. I Am Being Enthusiastic About Completing Each Task!***

## 5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before  
The Time That You Start Your Day In Your  
Own Copy)**

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<b>\$ 9 am: Task \$</b>	<b>Watch arno videos ssss</b>
<b>🔔 Intention 🔔</b>	<b>Learn more about social skills</b>
<b>✍️ Reflection ✍️</b>	<b>I wrote notes</b>

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<b>\$ 10 am: Task \$</b>	<b>More ssss</b>
<b>🔔 Intention 🔔</b>	<b>More notes</b>
<b>✍️ Reflection ✍️</b>	<b>Notes</b>

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<b>\$ 11 am: Task \$</b>	<b>Cook food</b>
<b>🔔 Intention 🔔</b>	<b>eat</b>
<b>✍️ Reflection ✍️</b>	<b>Done</b>

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<b>\$ 12-7: Task \$</b>	<b>Work and nap after work</b>
<b>🔔 Intention 🔔</b>	
<b>✍️ Reflection ✍️</b>	<b>Done i did waste time tho</b>

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<b>\$ 7-8 pm: Task \$</b>	<b>Watch arno and learn , i recreated my outreach yesterday</b>
<b>🔔 Intention 🔔</b>	<b>Get response</b>
<b>✍️ Reflection ✍️</b>	<b>Testing day 6</b>

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<b>\$ 8-9 pm: Task \$</b>	<b>Eat dinner</b>
<b>🔔 Intention 🔔</b>	<b>Fill up</b>
<b>✍️ Reflection ✍️</b>	<b>4 chicken fillets , rice , carrot circles + sea salt = lovely</b>

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<b>\$ 9-10 pm: Task \$</b>	<b>Watch business mastery 12</b>
<b>🔔 Intention 🔔</b>	
<b>✍️ Reflection ✍️</b>	<b>Done</b>

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<b>\$ 11 pm: Task</b> \$	
<b>Intention</b> 🛎️	
<b>Reflection</b> ✍️	

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<b>\$ 12 pm: Task</b> \$	
<b>Intention</b> 🛎️	
<b>Reflection</b> ✍️	

# **End-Of-The-Day Report:**

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<b>🧠 What Did I Learn Today? 🧠</b>
<b>Noted social skills , i didnt do enough</b>

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<b>NEW What Do I Plan To Do Differently Tomorrow? NEW</b>
<b>Use a short outreach and figure out autoresponder</b>

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<b>NEW What Do I Plan To Do The Same Tomorrow? NEW</b>

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<b>📱 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧</b>
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 **What Tasks Were Left Undone?** 

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**Brain Dump: i feel like shit**