



MINERAL WELLS INDEPENDENT SCHOOL DISTRICT  
School Health Advisory Council (SHAC)  
Meeting Minutes

Date: Wednesday, January 21, 2026

Time: 4:45 p.m.

Location: Mineral Wells High School Office Conference Room    Virtual Option: Zoom

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## 1. Call to Order and Introductions

The meeting was called to order at 4:51 p.m. Introductions were made, and prior meeting minutes were reviewed.

### Members Present:

Angie Myrick, David Wells, Stefany Johnston, Renea Brown, Lynette Babcock, Lori Box, Lindy Cabrera, Teri Seitz

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## 2. Campus Health & Wellness Updates

Updates were provided related to nursing services, counseling, and physical education/athletics.

- Nursing staff discussed cost-saving measures related to emergency medical supplies. A proposal was shared to reduce the number of PediPads (for students 60 lbs. and under) to two units.
  - A handbook policy update was recommended to allow pre-packaged food items with ingredient labels for campus use.
    - Motion: Renea Brown
    - Second: Teri Seitz
    - Vote: Approved unanimously (8–0)
  - Narcan will be ordered around spring break to align staff training and implementation timelines.
  - Plans are underway to coordinate a 6th-grade immunization clinic to support required 7th-grade vaccinations, potentially paired with Kindergarten Round-Up.
  - A meningitis immunization clinic for graduating seniors is scheduled for March 4, 2026.
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### 3. Review of District Wellness Policy

No additional updates or revisions were recommended at this time. Will review at next meeting.

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### 4. Student Health Education & Parent Communication

Student health education topics were discussed.

- The YES Program was discussed for Travis Elementary.
  - Mrs. Gray is meeting with program representatives to coordinate details and next steps.
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### 5. Mental Health Supports & Threat Prevention

No updates at this time.

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### 6. Substance-Use, Vaping Prevention & Fentanyl Awareness

- Discussion included fentanyl awareness and prevention programming.
  - Recommended following up with Mrs. Gray regarding possible coordination with Lynette Babcock and the “Watch Your Back” program.
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### 7. Health Services

No action items were noted.

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### 8. Nutrition Services Updates

Updates were shared regarding food services, celebrations, and classroom food practices.

- Campuses will continue allowing two classroom celebration days per year:
    - Christmas parties
    - Valentine’s parties
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### 9. Upcoming Events & Community Partnerships

Discussed in previous sections.

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#### 10. Public Comment

A public comment was raised regarding limiting snacks brought in for student birthdays. After discussion, the committee did not recommend making a change to current practice at this time.

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#### 11. Next Steps & Future Meeting Dates

Upcoming SHAC meeting dates were identified:

- March 25, 2026
  - April 15, 2026
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#### 12. Adjournment

The meeting was adjourned following completion of the agenda.