



PHILIPPINE ACADEMY OF FAMILY PHYSICIANS
COMMITTEE ON RESIDENCY TRAINING PROGRAM
ANNUAL REPORT for Traditional Residency Programs
Fiscal Year 2022

NOTE:

This annual report is to be finalized and submitted to the Committee on Residency Program January of the next year . [Only the activities during the stated Fiscal year should be included in the report.]

Name of Institution/ Hospital: **'Amang' Rodriguez Memorial Medical Center**

Address: **Sumulong Highway, Brgy. Sto. Nino, Marikina City, NCR**

Hospital Director: **Imelda M. Mateo, MD, MBAH, FPCP, FPCCP**

Year FCM Program was organized: **2019**

Year of first accreditation as new program: **2019**

Current Status of accreditation: **Level 2**

DEPARTMENT OF FAMILY AND COMMUNITY MEDICINE

Chairperson: **Nicolle Lourdes B. Dela Cruz, MD, MHM, FPAFP**

Training Officer (Traditional): **Karen G. Rome, MD, DFM**

Chief Resident: **Arriane Rose G. De Guzman, MD**

Active Family Medicine Consultants:

1. Nicolle Lourdes B. Dela Cruz, MD, MHM, FPAFP
2. Agnes B. Bausa-Claudio, MD, MPH, DFM, FPSHPM
3. Cheridine P. Oro-Josef, MD, FPAFP, FPCGM
4. Carlo L. Evangelista, MD, DFM, FPAFP
5. Rutzelle Ersando-Abaleta, MD, DFM
6. Karen G. Rome, MD, DFM
7. Noemi Baciles-Nunez, MD, CFP
8. Christian M. Parra, MD, DFM
9. Ricky B. Granada, MD, CFP
10. Ma. Cecilia C. Gepilano, MD, FPCGM
11. Arthur T. Catli , MD, CFP
12. Ma. Cecilia M. Santos, MD, DFM, DPCLM, OHS
13. Suzanne Y. Langcaunon, MD, DFM, MMHaa, DPCLM, OHS

List of Residents including year of entry into the program

Name	Year of entry
Ivy Shiella R. Tolentino, MD	October 1, 2019
Jessa Marie Lopez-Mascareñas, MD	December 1, 2019
Arriane Rose G. De Guzman, MD	January 1, 2020
Clarisse Bernadette M. Lomeda, MD	October 1, 2020
Mark Gabriel L. Chiombon, MD	March 5, 2021
Rainier Marion B. Cruz, MD	June 1, 2021
Patricia Yvette G. Santiago, MD	March 5, 2021
Mary Angelly A. Tiauzon, MD	June 1, 2021
Michelle M. Caday, MD	March 05, 2022
Merry Geelane L. Orquiza, MD	March 05, 2022

THE LEARNING INSTITUTION

BASE HOSPITAL (Please check all that applies).

Type: Government/DOH ☒
 Private ☐

Medical University ☐ Training hospital of a university
 Teaching Hospital ☒ Accepts trainees: interns, nurses

Category of Care as approved by DOH: Level 3

List all accredited residency training programs other than FCM (indicate the Specialty organization that accredited the program)

Other accredited training programs	Specialty organization
Internal Medicine	Philippine College of Physicians
Pediatrics	Philippine Pediatric Society
General Surgery	Philippine College of Surgeons
Obstetrics & Gynecology	Philippine Obstetrics & Gynecology Society

Anesthesia	Philippine Society of Anesthesiologists
Radiology	Philippine College of Radiology
ENT	Philippine Society of Otolaryngology – Head and Neck Surgery
Ophthalmology	Philippine Academy of Ophthalmology

In-patient information

Authorized Bed Capacity: 300 (approved for 500 bed capacity)

Actual Bed Capacity: **300**

Occupancy Rate:

(Monthly average): **68%**

Service Bed/Charity Allocation: **300**

Bed Allocations	Number	%
(Only in areas/departments where FM residents rotate)		
IM	<u>68</u>	<u>22.7%</u>
Pediatrics	<u>39</u>	<u>13%</u>
Surgery/ENT/Ophtha	<u>25</u>	<u>8.3%</u>
OB –Gyne	<u>31</u>	<u>10.3%</u>
ER	<u>24</u>	<u>8%</u>

Out patient information

(Provide information on major OPD services where FM residents rotate)

Department/Clinics		Average Monthly Census	
		Physical	Telehealth
Primary Care and Wellness Clinic (FM)	Well-Adult	55	NA
	Sick Adult	58	352
Internal Medicine		996	810
Child Health		112	584
OBGyne		559	204
Surgery	Minor Surgery- 42	768	90

Mental Health Clinic		103	40
ENT		301	124
Ophtha		348	122
Animal Bite Treatment Center		1049	1
Rehabilitative Medicine		278	419
Dental		40	120
TB-DOTS		249	8

Emergency Room Complexes

(check appropriate box and indicate average monthly census of patients)

- ☐ Area manned solely by FM residents
☒ Area manned by other residents and FM rotators
☐ Holding area for patient waiting admission at the ER

Areas where FM residents go on duty

- ☒ Triage area
☐ Area only for urgent care
☐ Area only for emergencies
☒ Area for both urgent and emergent care

Type of emergencies handled by FM residents (on their 2nd year of training)

- ☒ Pediatric emergencies
☒ Adult emergencies
☒ Surgical emergencies
☒ OB emergencies
☐ Mental health emergencies

Community Program

Population Identified	<ol style="list-style-type: none"> 1. ARMMC Employees and relatives 2. ARMMC Geriatric and Retired Employees 3. ARMMC Patient Navigators 4. Geriatric Facility in Tanay, Rizal 5. Animal Bite Patients
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	6. COVID-19 confirmed patients
Address	<ol style="list-style-type: none"> 1. Sumulong Highway, Sto Nino, Marikina 2. Sumulong Highway, Sto. Nino, Marikina 3. Sumulong Highway, Sto Nino, Marikina 4. Tanay, Rizal 5. Sumulong Highway, Sto Nino, Marikina 6. Sumulong Highway, Sto Nino, Marikina
Nature of project: provide list if more than one. Include date when it was started	<ol style="list-style-type: none"> 1. Annual Health Exam "Birthday Package" (October 2019) 2. Patient Navigation Training (January 2020) 3. Geriatric Care (January 2020) 4. Community Palliative Training (October 2020) 5. Surveillance Swabbing, Crisis Intervention, Covid 19 Vaccination (April 2020)

Socio-demographic features of the Population group:

HAVEN FOR THE ELDERLY	
Is a residential facility that provides temporary care to abandoned, neglected and unattached older persons ages 60 years old and above. It currently accommodates 254 residents.	
LOCATION	Brgy Sampaloc, Tanay, Rizal
AMENITIES	The Center is composed of nineteen (19) cottages that includes a central kitchen, an infirmary/clinic, multi-purpose, laundry area, productivity, library, motor/generator, staff house and administration office. The Center can accommodate 270 residents
VISION	A leading residential care facility in the country offering excellence in all its programs and services for senior citizens.

MISSION	<p>Guided by the Department's mandate as a social welfare agency, the Haven for the Elderly is committed to:</p> <ol style="list-style-type: none"> 1. Provide high quality and client-centered social protection services in which their individual needs are carefully assessed, understood and responded by competent, results based and values driven (trustworthy, patient, caring, and compassionate) employees/staff. 2. Be known as model center for senior citizens that pursue highest standards and adopts innovative and proactive approaches in: <ul style="list-style-type: none"> • Managing care and providing services; • Facilitating transitions across levels of care; • Community partnerships and collaboration; • Advocacy efforts.
GOAL	To promote a wholesome environment that provides quality programs and services, care for the abandoned, neglected, homeless and unattached senior citizens while at the center.
OBJECTIVES	<ol style="list-style-type: none"> 1. To provide rehabilitation services that would enhance and or maintain/sustain their physical, social, emotional and mental functioning. 2. To conduct activities that would harness their vocational skills geared towards enhancing capability/capacity for productivity. 3. To provide venues or opportunities to participate in community affairs, social and recreational and cultural activities to sustain feelings of belongingness and combat feelings of isolation, alienation, and emptiness. 4. To access the senior citizens to other social welfare agencies that can provide appropriate services responsive to their needs when necessary. 5. To facilitate their eventual re-integration to their own family, foster family or in a group home. 6. To provide a venue for field exposures and training facilities in social work, nursing, nutrition and other allied professionals. 7. To conduct researches and studies on effective strategies, innovations, approaches and techniques along social/vocational rehabilitation of older persons.
ACTIVITIES/ MEETINGS	<p><u>06/22/2022 (thru Zoom)</u></p> <ul style="list-style-type: none"> • Donors and Stakeholders Forum 2022 <p><u>12/05/2022 (Thru Zoom)</u></p> <ul style="list-style-type: none"> • Partnership Forum with Haven for the Elderly
MOA	Approved

COMMUNITY FROM SITIO MANGGAHAN DARAITAN	
PROFILE- on going	Daraitan is one of the barangays in the municipality of Tanay, Rizal. Its population as determined by the 2020 Census was 5,743. This represented 4.12% of the total population of Tanay. Sitio Manggahan which is located in Barangay Daraitan lies on the foot of the Sierra Madre Mountain Range, bounded by nearby towns of Rizal, Quezon Province and Laguna.
ACTIVITES	VACCINATION DRIVE (COVID-19 and FLU Vaccines) When: May 4 and 12, 2022 No. of Beneficiaries: 50
	Medical Mission (General Consultation) When: June 21 and 23, 2022
	DATA COLLECTION- June 7, 9, 21, 23
	Medical Mission (Free Pelvic Ultrasound) collaboration with ARMMC OB Gyne Department When: June 29, 2022 Target Participants: Pregnant

Other facilities

Medical library
Large conference rooms
Small conference rooms
Audio visual equipment
Internet access

List of new FM books and journals acquired this year if any

1. Textbook

- a. Textbook of Family Medicine Volumes 1 and 2 by Z. Leopando et. al.
- b. Textbook of Family Medicine 9th Edition by Robert Rakel
- c. A Practical Approach to Common Diseases by E. Maglonzo
- d. The Filipino Family Physician Today by E. Maglonzo
- e. Most Frequently Asked Bioethics Question by A. Tan-Alora
- f. Geriatric Medicine: Principles and Practice by E. Maglonzo
- g. The Color Atlas and Synopsis of Family Medicine 3rd Edition by Richard Usatine, Mindy Ann Smith, et.al. (E-Book)
- h. Research Methods for Resident Physicians Module 1 by Noel Espallardo,

MD (E-Book)

- i. Handbook of Family Medicine, 4th Edition by Bob Mash (E-Book)
- j. Handbook of Geriatric Medicine, 2nd Edition by Lesley Bowker, James Price and Sarah Smith (E-Book)

2. Journals

- a. The Filipino Family Physician

3. Guidelines

- a. 2019 RITM Guidelines on Rabies Exposure Prophylaxis
- b. Training on HIV Counseling and Testing
- c. 2018 PAFP Clinical Pathways
- d. National Rabies Prevention and Control Program: Manual of Procedures, 2019 by Department of Health and Department of Agriculture Bureau of Animal Industry (E-Book)
- e. UpToDate App as source of latest CPGs
- f. Painless EBM by Antonio L. Dans Leonila F. Dans Maria Asuncion A. Silvestre (E-Book)
- g. National Tuberculosis Control Program: Manual of Procedures, 6th Edition by Department of Health (E-Book)

4. ARMMC Research Office subscription to OVID

5. Access to free journals on Pubmed, Cochrane, NICE, etc.

List of new books and journals from other specialties acquired this year

- 1. Harrison's Internal Medicine
- 2. Nelson's Pediatrics
- 3. Schwartz Textbook of Surgery
- 4. Williams' Obstetrics

RESIDENCY TRAINING PROGRAM: LEARNING ACTIVITIES

Type of Residency Training Program

- | | |
|----------------------------|-------------------------------------|
| Traditional 3 year program | <input checked="" type="checkbox"/> |
| Innovative program | <input type="checkbox"/> |

List of ACTUAL schedule of activities which happened during the year

I. Lectures (include dates, title of lecture only and faculty lecturer)

Date	Title	Lecturer/s
01/24/2022	Wit Movie Presentation	Speaker: Dr. Agnes Bausa-Claudio Moderator: Dr. Mary Angelly Tiauzon
01/27/2022	ARMMC Geriatric Hour: Theories of Aging	Dr. Cheridine Oro-Josef
01/28/2022	Communicable Disease Reporting	Dr. Carlo Evangelista
02/03/2022	ARMMC Geriatric Hour: Psychosocial Theories of Aging	Dr. Cheridine Oro-Josef
02/05/2022	Family as a unit of care Family assessment tool Reading assignment : PAFP History and Perspective.	Dr Rutzelle Abaleta
02/10/2022	ARMMC Geriatric Hour: Physiologic Changes of Aging	Dr. Cheridine Oro-Josef
02/17/2022	ARMMC: Geria Hour - Social Ethical Lecal Implications of Aging	Dr. Cheridine Oro-Josef
02/19/2022	Communication and Active Listening Skills “The Patient Encounter”	Dr. Frederick Agustin
02/24/2022	ARMMC Geriatric Hour: Family in Later Life	Dr. Cheridine Oro-Josef
02/27/2022	Family Life Cycle Family Illness and Crisis	Dr Rutzelle Abaleta
03/01/2022	Diabetes Round Table Discussion " Metformin in Special Population"	Dr. Rocky Dizon
03/03/2022	ARMMC Geriatric Hour : Pain and Aging	Dr. Cheridine Oro-Josef
03/19/2022	CEA EBM	Dr Frederick Agustin Dr Ellen Biboso
04/09/2022	Asynchronous Echo Webinar Emergency Contraception: The Unspoken Truth Maternal Supplementation: Your Choice Across the 5 Stages of Pregnancy	ARMMC OBGyne Consultants

04/12/2022	Lecture on Rabies	Dr. Noemi Nunez
04/23/2022	CPG Appraisal and PFC Matrix	Dr Rutzelle Abaleta
06/03/2022	PAFP 61st Annual Convention “Vertigo”	Dr. Cheridine Oro-Josef
07/26/2022	Nutrition Month Activity Webinar Lecture Series of ARMMC NDS and DFCM "Katawan at Kalusugan, Dapat Natin Mas Alagaan". The condition of body after contracting COVID Infection All is Well: A Brief Health Talk on Physical & Mental Wellness in the New Normal New Normal Na Nutrisyon, Sama-samang Gawan ng Solusyon at Pagpapalakas ng Katawan, Healthy Food and Habits ang Kailangan	Dr. Arriane Rose G. De Guzman Dr. Clarisse Bernadette M. Lomeda Dr. Jessa Marie S. Lopez- Mascarenas Dr. Ivy Shiella R. Tolentino Dr. Lester B. Tarcenio
08/10-12/2022	Training on Animal Bite Management	Dr. Honnielyn Fernando Dr. Susan Ong Mr. Rex Gozon Ms. Lea Fatima Cabrera
08/20/2022	Breaking the Bad News and SPIKES Protocol	Dr. Rutzelle Abaleta
09/19-23/2022	Training on Provider-Initiated HIV Counseling and Testing at ARMMC	DOH Metro Manila Center for Health Development
09/24//2022	ARMMC Disaster Management and Preparedness Response and Recovery Considerations	Arthur T. Catli, MD
10/01//2022	Quality Assurance Chart Audit: Periodic Health Examination	Dr Clarisse Bernadette M. Lomeda
10/10-14//2022	Animal Bite Management for the Province of MIMAROPA and ARMMC	Dr Nicolle Lourdes Dela Cruz Dr Jobin Maestro Ms. April Benitez Ms. Lou Mr. Mark Rodriguez

12/05/2022	Quality Assurance Chart Audit: Hypertension Management in Family Practice	Dr. Jessa Marie S. Lopez-Mascareñas
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II. Case conferences (clinical, family, etc.)

Title	Date	Reporter
Department Conference: November and December Census	02/04/2022	Reporter/s: Dr. Patricia Yvette Santiago Dr. Mary Angelly Tiauzon
Weekly Conference: Clinical Presentation on Goiter and Infectious Diarrhea	02/18/2022	Goiter: Dr. Dan Dacio Infectious Diarrhea: Dr. Clarissa Dela Cruz
Weekly Conference: Clinical Presentation on Hand Foot and Mouth Disease	02/24/2022	Dr. Jerome San Pedro
Department Conference: Clinical Case: COVID 19 in PLHIV	03/04/2022	Dr. Mary Angelly Tiauzon

III. Workshops (include date, session title, faculty facilitator)

Title	Date	Activity	Facilitator

CLINICAL CASES MANAGED BY RESIDENTS

In-patient care

Name of resident (write names of all residents)	Child	Adult (M and F)	Adult women (reproductive) Repro concern	Elderly
Dr. Ivy Shiella R. Tolentino	144	76	48	44
Dr. Jessa Marie	134	83	40	39

Lopez-Mascarenas				
Dr. Arriane G. De Guzman	132	70	38	40
Dr. Clarisse Bernadette C. Mortera-Lomeda	146	43	32	23
Dr. Patricia Yvette Santiago	4	71	61	12
Dr Mark Gabriel L. Chiombon	1	32	16	3
Dr. Mary Angelly Tiauzon	1	9	6	8
Dr. Rainier Marion C. Cruz	2	93	3	16
Dr. Merry Geelane L. Orquiza	1	13	6	5
Dr. Michelle M. Caday	1	13	17	8

Out patient care (include community clinics/ private clinics for innovative programs)

Name of resident (write names of all residents)	Child	Adult	Adult women (reproductive)	Elderly
Dr. Ivy Shiella R. Tolentino	697	451	303	264
Dr. Jessa Marie Lopez-Mascarenas	210	380	219	241
Dr. Arriane G. De Guzman	200	364	213	187
Dr. Clarisse Bernadette C. Mortera-Lomeda	205	253	250	159
Dr. Patricia Yvette Santiago	134	1265	777	113

Dr Mark Gabriel L. Chiombon	172	1003	241	132
Dr. Mary Angelly Tiauzon	91	684	382	122
Dr. Rainier Marion C. Cruz	891	1124	489	527
Dr. Merry Geelane L. Orquiza	75	543	126	65
Dr. Michelle M. Caday	99	514	354	62

Emergencies

Name of resident (write names of all residents)	Child	Adult	Adult women (reproductive)	Elderly
Dr. Ivy Shiella R. Tolentino	243	217	125	43
Dr. Jessa Marie Lopez-Mascarenas	194	242	131	59
Dr. Arriane G. De Guzman	106	236	101	52
Dr. Clarisse Bernadette C. Mortera-Lomeda	79	256	65	62
Dr. Patricia Yvette G. Santiago	239	170	82	32
Dr. Mark Gabriel L. Chiombon	280	213	108	46
Dr. Mary Angelly A. Tiauzon	304	303	184	37
Dr. Rainier Marion B. Cruz	289	254	177	47

Dr. Merry Geelane L. Orquiza	385	282	78	44
Dr. Michelle M. Caday	353	260	131	35

Family Care (with family health record)

Name of resident (write names of all residents)	Total number of Families
Dr. Ivy Shiella R. Tolentino	6
Dr. Jessa Marie S. Lopez-Mascarenas	8
Dr. Arriane G. De Guzman	11
Dr. Clarisse Bernadette M. Lomeda	6
Dr. Patricia Yvette G. Santiago	3
Dr. Mark Gabriel L. Chiombon	2
Dr. Mary Angelly A. Tiauzon	3
Dr. Rainier Marion B. Cruz	2
Dr. Merry Geelane L. Orquiza	1
Dr. Michelle M. Caday	1

LIST of RESIDENTS who discontinued training or who transferred to another institution. Include reasons for the change.

Name of resident	Reason
SAN PEDRO, Jerome Gerald L.	

LIST of RESIDENTS who transferred from another institution. Include reasons for the change.

Name of resident	Reason
NONE	

LIST OF RESIDENTS WHO TOOK THE IN SERVICE EXAM. Indicate scores if available

Name of Resident	Score
Dr. Ivy Shiella R. Tolentino	
Dr. Jessa Marie S. Lopez-Mascarenas	
Dr. Arriane G. De Guzman	
Dr. Clarisse Bernadette M. Lomeda	
Dr. Patricia Yvette G. Santiago	
Dr Mark Gabriel L. Chiombon	
Dr. Mary Angelly A. Tiauzon	
Dr. Rainier Marion B. Cruz	
Dr. Merry Geelane L. Orquiza	
Dr. Michelle M. Caday	

LIST OF RESIDENTS WHO JOINED AN FCM-RELATED CONTEST. Indicate the contest and/or its description as well as any award received

Name of resident/s	Description or title of the Contest	Award received if any
None		

LIST OF RESIDENT WHO PRESENTED A RESEARCH/POSTER IN A CONFERENCE

Name of resident	Research paper	Conference	Local or international

None			
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LIST OF RESIDENTS RECOMMENDED FOR GRADUATION and CFP STATUS

Name of resident	Title of research submitted
None	

LIST OF GRADUATES WHO TOOK THE DIPLOMATE EXAM. Indicate those who passed

Name of graduate	Year graduated	Written Exam	OSCE Exam
None			

PARTICIPATION ON PAFP ACTIVITIES

Attendees to the Annual PAFP Convention 2022

1. Nicolle Lourdes B. Dela Cruz, MD, MHM, FPAFP
2. Agnes B. Bausa-Claudio, MD, MPH, DFM, FPSHPM
3. Cheridine P. Oro-Josef, MD, FPAFP, FPCGM
4. Carlo L. Evangelista, MD, DFM, FPAFP
5. Rutzelle Ersando-Abaleta, MD, DFM
6. Karen G. Rome, MD, DFM
7. Noemi Baciles-Nunez, MD, CFP
8. Christian M. Parra, MD, DFM
9. Ricky B. Granada, MD, CFP
10. Ma. Cecilia C. Gepilano, MD, FPCGM
11. Ma. Cecilia M. Santos, MD, DFM, DPCLM, OHS
12. Suzanne Y. Langcauon, MD, DFM, MMHoa, DPCLM, OHS
13. Arthur T. Catli, MD, CFP
14. Ivy Shiella R. Tolentino, MD
15. Jessa Marie Lopez-Mascareñas, MD
16. Arriane Rose G. De Guzman, MD
17. Clarisse Bernadette M. Lomeda, MD
18. Patricia Yvette G. Santiago, MD
19. Mark Gabriel L. Chiombon, MD
20. Mary Angelly A. Tiauzon, MD
21. Rainier Marion B. Cruz, MD
22. Merry Geelane L. Orquiza, MD
23. Michelle M. Caday, MD

PAFP Activities

TOPICS/ LECTURES	DATE	LECTURER/ SPEAKERS

PAFP Webinars Attended

Date	Webinar Title	Speaker
January 07, 2022	COVID -19 Family Home Care Plan: A Guide for FMs and Primary Care Providers	Speakers: Dr. Anna Guia O. Limpoco, Dr. Karin Estepa-Garcia, Dr. Aileen Riel-Espina Moderator: Dr. Limuel Anthony B. Abrogena
January 12 2022	Renal Protection in Type 2 Diabetes	Speaker: Dr. Anthony Russel Villanueva Moderator: Dr. Jimmy Jay Bullo
January 14, 2022	COVID-19 Family Focused Care Plan Part 2 Updates in the Diagnosis and Management of Mild COVID-19 Infections	Speakers: Dr. Ramon Jason Javier, Dr. Jardine Sta. Ana, Dr. Jonathan Babsa-ay Moderator: Dr. Florinda Canuto
January 20, 2022	Primary Care Matters - Conversations with Family Physicians on Health and Wellness - Episode 3 Topic: COUGH CONVO - A Primary Care Approach	Speaker: Dr. Rouema B. Peralta-Perez Moderator: Dr. Chrysteler Q. Clet
January 21 2022	COVID 19 Family Focused Care Plan Part 3 Topic: Workplace Clearance and Management of Vulnerable Groups	Speakers: Dr. Vivienne Fe Fadrilan-Camacho, Dr. Cheridine Oro-Josef, Dr. Randolph Trinidad Moderator: Dr. Teri-Marie Laude
January 26,2022	Unmasking Subclinical Hypothyroidism and its Clinical Impact	Speaker: Dr. Nestor Eric Laplano Moderator: Dr. Martha Jane Pauline S. Umali
Feb 03, 2022	Virtual PHPULSE Day 1 Session 1: Bridging Primary Health Care and Telerehabilitation in the Management of Low Back Pain	Session 1: Speaker: Dr. Carl Froilan Leochico Scientific Chair: Dr. Jardine Sta. Ana

	Session 2: Revisiting the Essentials of GERD Diagnosis and Management	Session 2: Speaker: Dr. Roberto De Guzman Scientific Chair: Dr. Nenacia Ranali Nirena Mendoza
February 09, 2022	Virtual PHPULSE Day 2 Session 1: Let It Flow - Optimal Treatment of BPH in Elderly Males Session 2: Primary Care Approach in Dementia Care and the COVID-19 Pandemic	Virtual PHPULSE Day 2 Session 1: Speaker: Dr. Ramon Marin Scientific Chair: Dr. Jonathan Babsa-ay Session 2: Speaker: Dr. Ma. Lourdes Corrales-Joson Scientific Chair: Dr. Limuel Anthony Abrogena
February 16, 2022	Shifting Gears in T2D Treatment: The Benefits of SGLT2i + DPP4i FDCs in Glucose & CRM Management	Speakers: Prof. Alex Tan, Dr. Aurora Macaballug Moderator: Dr. Jardine S. Sta. Ana
February 17, 2022	PRIMARY CARE MATTERS - Conversations with Family Physicians on Health and Wellness - EPISODE 4 Topic: "BOOST IN!: Immunity & Nutrition in COVID Times"	Speaker: Dr. Gary D. Galon Moderator: Dr. Benedict M. Añover
February 18, 2022	Topic: Gabanoids in Low Back Pain	Speaker: Michael Joseph T. Magabo, MD Moderator: Joanna Michelle F. Sabal, MD
February 28, 2022	Topic: CV Masterclass Webinar on HPN in CKD: Achieving Control Amidst the Pandemic?	Speakers: Dr. Romeo Santos; Dr. Froilan de Leon Reactor: Dr. Anna Guia O. Limpoco Moderator: Dr. Renato Alagadan
March 03, 2022	Topic: Spread the Facts, Not the	Speaker: Dr. Niccolo

	Flu	Salalima Moderator: Dr. Teri Marie Laude
March 07, 2022	Topic: USAPANG ISAW - Mga Dapat Alamin Tungkol sa Colorectal Cancer	Panelists: Dr. Florinda U. Canuto, Dr. Elvie Razon-Gonzales, Dr. Clarito Cairo Moderators: Dr. Anna Guia Limpoco, Dr. Roberto De Guzman, Jr.
March 11, 2022	Topic: Invigoration of Micronutrients	Speaker: Dr. Marianna S. Sioson Moderator: Dr. Maureen Baroro De Guzman
March 14, 2022	FM Talks 2022 Webinar Series Topic: Pragmatic Approaches on Early Insulin Therapy: Finding the Sweet Spot	Speaker: Dr. Aimee Silva Moderator: Dr. Anna Guia Limpoco
March 17, 2022	2022 PSEDM Virtual Convention CARAT: Current Approaches, Recommendations, Advances and Trends in Diabetes and Endocrinology DAY 1	
March 17, 2022	Women's Month Celebration PRIMARY CARE MATTERS: Conversations with Family Physicians on Health and Wellness EPISODE 5 Topic: I GUTta Feeling: When Abdominal Pain Strikes	Speaker: Dr. Nenacia Ranali Nirena P. Mendoza Moderator: Dr. Endrik H. Sy
March 18, 2022	Topic: Addressing Issues in Bone Health	Speaker: Dr. Jardine S. Sta. Ana Moderator: Dr. Peter Julian A. Francisco
March 18, 2022	2022 PSEDM Virtual Convention CARAT: Current Approaches, Recommendations, Advances and Trends in Diabetes and Endocrinology DAY 2	

March 19, 2022	2022 PSEDM Virtual Convention CARAT: Current Approaches, Recommendations, Advances and Trends in Diabetes and Endocrinology DAY 3	
March 25, 2022	Clear and Present DangER: Basic Training Course on Acute Management of Poisoning CY 2022" of the East Avenue Medical Center Day 1 - CODE BLUE	Different Pediatric Consultants
March 25, 2022	Topic: A Conversation on Kids' Immunity and Overall Health	Speakers: Dr. Anna Lisa T. Ong-Lim, Dr. Felizardo Gatcheco Moderators: Dr. Jose Jonas D. Del Rosario, Dr. Marishiel Mejia-Samonte
March 25, 2022	Clear and Present DangER: Basic Training Course on Acute Management of Poisoning CY 2022" of the East Avenue Medical Center Day 1 - CODE BLUE	
March 28, 2022	FM Talks: Topic: Impact of Uncontrolled Hypertension	Speaker: Dr. Debbie Ona Moderator: Dr. Limuel Abrogena
March 31, 2022	Topic: Psoriasis: Not Just A Skin Disease	Speaker: Dr. Lily Lyralin Tumalad Moderator: Dr. Denev Alba
April 01, 2022	Topic: Hypercare is a Family Affair	Speaker: Dr. Jude Erric L. Cinco Moderator: Dr. Florinda U. Canuto
April 18, 2022	The Many Facets of SGLT2 Inhibitors in T2DM Management: What Do Recent Guidelines Say	Speaker: Dr. Nestor Eric Laplano Moderator: Dr. Rouema B. Peralta-Perez
April 20, 2022	Nutrition. Technology.	Panelists: Dr. Jardine Sta

	Supplementation - The Tricky Equation Towards Immunoprotection During the COVID-19 Surge	Ana, Dr. Joseph Adrian Buensalido, Asst. Prof. Kathleen Cruzada, Dr. Juliene Kimberly Co-Lim Moderator: Dr. Maria Christina Maranion
April 21, 2022	Primary Care Matters: Conversations with Family Physicians on Health and Wellness - Episode 6 Topic: A Gut Feel About Probiotics	Speaker: Dr. Teri-Marie P. Laude Moderator: Dr. Chargles Edward G. Florendo
April 26, 2022	The Heart Failure Caravan Series Topic: Exploring the Full Spectrum of Heart Failure Management	Speakers: Dr. Elmer Jasper B. Llanes, Dr. Anna Guia O. Limpoco Moderator: Dr. Florinda U. Canuto
April 28, 2022	Breaking the Wave: A Collaborative Virtual Scientific Conference	Speakers: Dr. Arabinda Mukherjee, Dr. Aimee Andag-Silva, Dr. Maria Carmen Quevedo Moderator: Dr. Lynne Marcia Bautista
April 29, 2022	Clear and Present DangER: Basic Training Course on Acute Management of Poisoning CY 2022" of the East Avenue Medical Center Day 2 - CODE RED	Dr Rachel Marie Rosario Dr Maria Fidelia Manalo Dr. Karin Estepa Dr Glenn Angelo Genuino
April 30, 2022	Veterans Memorial Medical Center Here Comes the Sun: Health and Weillness During the Summer A Virtual Post Graduate Course	
May 02, 2022	COVID-19 PANDEMIC: New Normal and Home Care Management	Speaker: Dr. Anthony C. Leachon Moderator: Dr. Alissa Laurel N. Calderon
May 19, 2022	World Family Doctors Day 2022	Panelists: Dr. Zorayda

	Celebration PAFP Trailblazers: Always There to Care	Leopando, Dr. Anabelle De Guzman, Dr. Louie Ocampo, Dr. Rhodora Pesebre, Dr. Welthy Villanueva, Dr. Belinda Cu-Lim Moderator: Dr. Limuel Abrogena
May 20, 2022	Topic: Aging in Grace and health for my Patients and Myself	Speaker: Dr. Daniel Tan Moderator: Dr. Cheridine Oro-Josef
May 26, 2022	Topic: Primary Care Matters Conversations with Family Physicians on Health and Wellness (Episode 6) Laban-LUNG Against Air Pollution	Speaker: Dr. Noel M. Laxamana Moderator: Dr. Alfonso Syoei R. Yoshida
May 27, 2022	Clear and Present DangER: Basic Training Course on Acute Management of Poisoning CY 2022" of the East Avenue Medical Center Day 3 - CODE BLACK	
June 01-05, 2022	PAFP 61st Convention: PFC Gems	
October 26, 2022	"Winning Hearts: Addressing the Long Unmet Needs in the Full Spectrum of HF with SGLT2i	Speakers: Prof. Abraham Williams, Prof. David Cherney Moderator: Dr. Charles Edward G. Florendo
October 27, 2022	"Seaweed not just for Sushi	Speaker: Dr. John Ignatius G. Ledesma Moderator: Dr. Jose Paolo M. De Castro
November 05, 2022	Residency Training Officers Webinar: Essentials of Family Meeting	Speaker: Dr. Milagros F Neri
November 09, 2022	"Vaccination: Pediatrics, Adolescent, Adult and Special Population	Speakers: Dr. Ryan Jeanne Ceralvo, Dr. Alfonso Syoei Yoshida

		Dr. Cheridine Oro-Josef, Dr. June Michael Razon Moderator: Dr. Arabelle Coleen Ofina
November 10, 2022	"Put Life Back in your Patient's Hands: Winning the Fight Against Neuropathy in Diabetic Patients	Speakers: Dr. Bien Matawaran, Prof. Rayaz Malik, Dr. Satish Khadilkar Moderator: Dr. Limuel Anthony B. Abrogena
November 16, 2022	Topic: FM TALKS WEBINAR "Decoding the Importance of Timely Titration in Achieving Glycemic Goal" 6-7p	Speakers: Dr. Oliver Allan Dampil Moderator: Dr. Jardine Sta. An
November 24, 2022	Topic: Advancing Universal Healthcare in Heart Failure Management for Primary Care Physicians (6-7:30pm	Speaker: Dr. Anna Guia O. Limpoco Moderator: Dr. Florinda U. Canut
November 26, 2022	Topic: FIRST in the HEART: A Breakthrough Therapy in the Full Spectrum of HF with SGLT2i 7-8:30p	Speakers: Dr. Rodney Jimenez Prof. Merlin Thoma
November 29, 2022	Topic: Use of SGLT2i in Early T2D Patients for a Holistic Cardio-Renal Metabolic Protection in the Workplace	Speakers: Prof. Lee Ling Lim Prof. Paola Fioretto Moderator: Dr. Myrissa Ali

Chapter activities where consultants and residents participated

Title of activity	Attendance
July 02,2022 Medical Outreach Program Sitio Target Sapang Bato Pampanga	Nicolle Lourdes B. Dela Cruz, MD Carlo Evangelista, MD Karen Rome, MD Christian Parra,MD Arthur Catli, MD Ricky Granada, MD Jessa Marie Lopez-Mascareñas, MD Ivy Shiella Tolentino,MD Mary Angelly Tiauzon, MD Rainier Cruz,MD Patricia Yvette Santiago, MD

	Ardi Arroyo Romalyn Mendoza Rea Canizares
November 26, 2022 Medical Mission in Bataan	Nicolle Lourdes B. Dela Cruz, MD Carlo Evangelista, MD Arthur Catli, MD Mary Angelly Tiauzon, MD Patricia Yvette Santiago, MD
November 28, 2022 Vaccination of Seniors in Nangka, Marikina	
November 29, 2022 Vaccination for Seniors in Vista Valley, Marikina	Nicolle Lourdes B. Dela Cruz, MD Cheridine-Oro Josef,MD Carlo Evangelista, MD Ricky Granada, MD Karen Rome, MD Arthur Catli, MD Ma. Cecilia Gepilano,MD Edlyn Tassara,MD Jessa Marie Lopez-Mascareñas, MD Clarisse Bernadette M. Lomeda, MD Arriane Rose De Guzman,MD Ivy Shiella Tolentino,MD Romalyn Mendoza
December 30, 2022 Medical and Dental Mission in Lower Antipolo	Nicolle Lourdes B. Dela Cruz, MD Carlo Evangelista, MD Ricky Granada, MD Suzanne Langcauon, MD Jessa Marie Lopez-Mascareñas, MD Clarisse Bernadette M. Lomeda, MD Mark Gabriel L. Chiombon, MD Merry Geelane L. Orquiza, MD

TRAINERS' PARTICIPATION IN MEDICAL EDUCATION TRAINING AND RESEARCHES
(list of trainers who attended any seminar/conference on medical education)

Name of Trainer	Medical Education Conference attended	Name of Organization who gave the training

RESEARCHES Completed

Name of Consultant	Title of Research
None yet	

PUBLICATIONS

Name of Consultant	Title of Publication
None yet	

Prepared by: Arriane Rose G. De Guzman,MD

Karen G. Rome, MD, DFM

Chief Resident

Residency Training Officer

Date signed:

Approved by: _____

Nicolle Lourdes Dela Cruz, MD,
MHM, FPAFP
Chairperson

Date signed: