












## Reflection Sheet


Name: \_\_\_\_\_

Date: \_\_\_\_\_

Homeroom: \_\_\_\_\_

Assigned by: \_\_\_\_\_

<div style="display: flex; flex-wrap: wrap; justify-content: space-around;"> <div style="text-align: center;"> Fighting</div> <div style="text-align: center;"> Cursing</div> <div style="text-align: center;"> Kicking</div> <div style="text-align: center;"> Punching</div> <div style="text-align: center;"> Hitting</div> <div style="text-align: center;"> Pushing</div> <div style="text-align: center;"> Screaming</div> <div style="text-align: center;"> Running</div> <div style="text-align: center; margin-top: 20px;"> Not Following Directions</div> </div>	<p style="text-align: center;">I felt....</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> Sad</div> <div style="text-align: center;"> Angry</div> <div style="text-align: center;"> Silly</div> <div style="text-align: center;"> Bored</div> </div> <p style="margin-top: 20px;">Something Else:</p>
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	<p>How will I fix this?</p>
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## Reflection Sheet

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Room#: \_\_\_\_\_

Assigned by: \_\_\_\_\_

1. What was your behavior?

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2. What was the cause of the behavior?

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3. Who was affected by the behavior? How were they affected by the behavior?

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4. What plan will you use to solve this problem?

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Student Signature

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Parent Signature

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Coach Signature

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## \_\_\_\_\_’s Think Sheet

### When I was feeling...

confused lonely sad mad scared frustrated anxious/worried



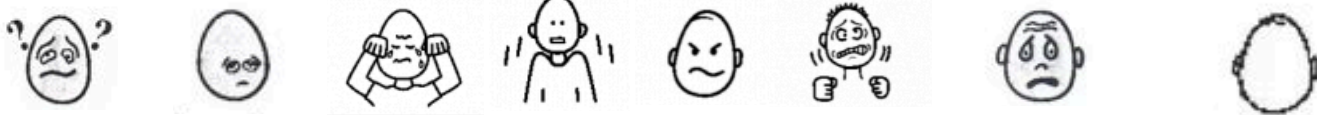
### I chose to...

kick hit bite throw something talk or scream push not work say inappropriate words



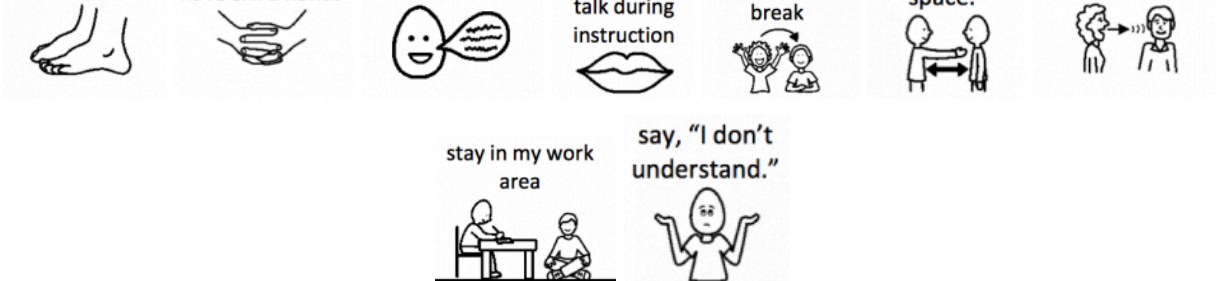
### This made others feel...

confused lonely sad scared mad frustrated anxious/worried



### Next time I can choose to...

have SAFE feet have SAFE hands use kind words listen and not talk during instruction ask for a calm break say "I need space." follow directions



## When I make a positive choice...



**I will say sorry to these people for my behavior...**

\_\_\_\_\_