

WORKING SCHEDULE:

Set up 5:30pm - Core Group arrives. Tables, stuff on tables, microphone.

Potluck 6:30pm

Lights out skit 6:55pm

Carlos flickers and shuts lights off. Elaine goes up to front, gets mic. "Does anyone have a lighter?" someone comes up with lighter, candle, facilitator from each table gets & sets up each candle(s) on small plate on table. Elaine: "This is a test of our community emergency response! "Welcome to Transition Albuquerque. The lights seem to have gone out, but good thing we're prepared" wink wink, etc. "We're talking about Preparedness and Resilience today, and we'll begin with a few campfire stories"

Short Stories 7:00pm

LLoyd - boiling water @ peace corp, goats milk in stream refrigeration, using up meat from freezer

Maggie - 1 gallon per week water in Nigeria

Harlene & Bryan? - evacuated from East Mts home

Ask if Andino, Lisa, or Alberto has a good story

Intro Remarks 7:10pm

Leila - Transition ABQ mission; define & explain difference between Preparedness vs Community Resilience; & bring up different types of disasters to consider -- and how not all will have same preps. 7:15 Leila ends with "Please clear your tables so we can begin our program."

Discussions 7:17pm

Maggie introduces program -- 6 tables, 6 topic areas, facilitators at each table, brown paper to write ideas, scrap paper to take personal notes, etc.

7:20pm Discussion periods start. 7 minutes at a time + 1 minute in between to move around, choose a new table. Maggie rings bell & announces each switch time.

(7:20 + 8x6 = done by 8:07pm)

Tables are: (facilitators in red are unconfirmed)

1. **Food + Water + Shelter** (incl alt cooking, foraging) -- **Lloyd & Leila**
2. **Transportation + Communication** (+ Technology) -- **Wayne & Marlene**
3. **Health** (incl Rx, EMS, herbs, mental health) -- **Charey Fox**
4. **Community & Fun** (family, church, pets, leadership in crisis, games, creativity)-- **Elaine**
5. **Essentials** (shoes, knife, non-electric tools etc) -- **Michael Hyde & Alberto**
6. **Currencies** / Barter / Timebanks -- **Bob**

Synthesize & Wrap Up 8:10pm

Maggie gets the attention back. Invites us to sharing with a partner

8:15pm - Popcorn / share with the whole group

8:25pm - Community Announcements - ask for donations-Elaine

8:30pm - Clean up

*** in reminder email -- include readings: Martensen preparedness chapter + TransitionUS article and/or one of the RAND community resilience pdfs

ACTION ITEMS:

Maggie:

Inviting CCL, 350.org, Sierra Club, UNM Sust list

Calling Bob, Harlene & Bryan, Mike Hyde, Charey Fox, Chris Duvall- water bricks

Bringing Candles, lanterns, stove, solar oven, Pick up sticks, scrap paper

Prepare short story

Elaine:

Keys, mic. Calling Tom Stark, Victoria (or Ray or Scott), bringing easel, lighter

Prepare opening skit &

Lloyd:

Discuss essentials w/ Mike Hyde - possibly bring some of those tools (can opener, knife)

Prepare short story, prepare food/water/shelter questions w/ Leila

Leila:

Making glow-in-the-dark topic signs for tables, Preparedness vs Resilience BIG poster

Bringing essentials bag for Mike Hyde table, brown paper roll, home-canned food

Inviting Wayne & Marlene, Lisa, Dara - Herbalist, Andino

Emailing all table facilitators with logistics / explanation & timeline

Emailing Core Group this timeline

Tables will have:



Brown paper for group notes
Scrap paper for personal notes
Pens & Markers
Small plate (for candles)
Topic glow-in-the-dark-sign

Define Emergency Preparedness vs Community Resilience

canned goods vs community farm - knowing who has chickens, who has an apricot tree
plastic bottles of water vs rainwater catchment
hoarding gasoline vs biodiesel co-op and/or already used to getting around by bike!
plans that wait for emergency vs systems in place that are already part of our daily lives

re-stimulation of boy scouts / girl scouts "be prepared"
see boy-scout pledge

Start with stories - 5, 4 minute stories

Maggie -- 1 gal water / week
LLoyd -- keeping goats milk cool in a stream

I want, on-hand:

clean water to drink
Bike with good tires, extra tubes
Lots of preserved food
A home that doesn't need extra heat
Books
Solar panel phone charger
Alcohol, vinegar, baking soda, peroxide, Aloe vera gel
Radio?

Leadership, government,

We're planning on Preparedness/Resilience as the theme for our Wednesday, 2 November 2016 meeting.

There are free Emergency Preparedness classes offered by Bernco Extension (John Garlisch can arrange for us) and/or we can still stage a black out after the pot luck (could be fun).

What about having 5-6 tables (5-6 facilitator/presenters) set up in the Social Hall.

7. **Food, Water, Shelter**; Foraging (food & medicine from local forest) - **Leila & Lloyd**
Solar ovens
8. **Transportation + Communication + Technology** -- Wayne? Marlene? - ask them!
9. **Health** + Rx + Emergency Medical, massage, reflexology -- **Lisa?** Charey Fox?
10. **Community / Neighbors, family, pets , Fun & Creativity** -- **Elaine, Victoria?**
11. **Essentials** -- good pair of shoes, pocket knife, non-electric tools -- Michael Hyde
12. **Money** / Barter / Trade / Timebanks / currency -- Bob, Andino

HOW ARE WE DIFFERENT FROM FEMA?

Building systems -- that we already use -- that can go through the transition

After the pot luck and black out, people could be invited to visit the various tables. Perhaps participants might create a draft plan after visiting the tables of their choice, and report back to a small group.??

Just a suggestion:

6:30 - Pot Luck;

6:55pm (Black Out) w facilitator asking people to stay calm/carry on;

7pm - Laterns, flashlights & candles passed out + conversations at individual tables.

7:10pm - Lights back on. Set up 5-6 tables and facilitators.

7:15 - 8:15 People travel from table to table having conversations; learning about what they need; making notes for their own plans. 8:15pm - Participants share plans with partner; few call outs to larger group.

8:40pm Community Announcements.

8:50pm Conclude, contributions, put away tables, chairs, clean dishes.

Resilience = Preparedness

Prepare rather than react

What if emergency was fun?

Treat this as an opportunity, rather than a threat