



Lanier Middle School Fall Intramural Club 2026-2027

Directors: Coach Belbey and Coach Rabek

8:05–8:50 am

Monday: Volleyball
Tuesday: Soccer/Flag football
Thursday: Basketball/Flag football
Friday: Pickleball/Badminton

Fall Intramurals:
Mon August 31st-
Fri Oct 30th

Intramurals are a great opportunity for students to have fun and be active before school. Students can participate in as many or as few sessions as is convenient; they are not required to attend every session. Students may not arrive before 8:05, but they **MUST** arrive by 8:15 to be allowed to enter the gym.

Each student must turn in this permission form before participating in his/her first session. Bring this signed form with you to your first session or give it to Coach Rabek or Coach Belbey at school.

EXPECTATIONS:

1. Check in each day before you begin playing.
2. Do not leave the gym without permission.
3. Do not enter the equipment room without permission.
4. Be respectful & play with good sportsmanship and proper language.
5. Keep your hands to yourself at all times.
6. When you hear the whistle, stop, look, and listen to instructions.
7. All equipment must be put away before leaving.
8. When you leave the gym, go straight to class. No roaming the hallways.
9. Wear proper attire and shoes (no crocs, slides, sandals)

Student's Name: _____

Grade: _____

Please list any health issues: (indicate if your child requires an inhaler, Epipen, etc.)

My child has permission to participate in physical activities in LMS Intramurals.

Parent/Guardian Signature: _____

Phone # (s): _____

