What is painful about your personal **Current State**?

I was in bad spot for years, got fat and lazy, not satisfied with myself at all. Now, I'm in the gym every day, not fat and lazy anymore, but stil I feel that I have a lot more to achieve. So I joined TRW.

I'm working on my physic, but stil not confident enough. Care to much about other people's opinions, people who I don't really care about. So I would say that the most painful things are my confidence and believing in myself. I need to start to work on that belief, because I showed a lot of times that I can do anything when I put my mind into it.

What is desirable about your personal **Dream State**?

I see myself in a Lamborghini in a year or two. Siting with my boys, laughing, making money. Feeling like a winner finally. Everyday in the gym building my body and MIND. No degenerate people in my circle, just like minded guys who set the same goals as I did, who are willing to do the work that needs to be done.

My family is well and taken care of. Mother and father are healthy, enjoying grandkids in big new house.

I see all of that clearly and my heart starts pumping like crazy.