



Whimsical Creative Tracker (Weekly Rhythm)

Use this tracker to follow your creative flow each week. Check off what you've done and jot down any feelings or notes.

Day	Intention	Completed? <input checked="" type="checkbox"/>	Notes / Feelings
Nature Walk	Observe, sketch, collect ideas from nature		
Wildflower-Inspired Art	One painting/drawing from nature		
Spontaneous "Free Paint"	No rules—just let it flow		
Try Something New	A new medium, technique, or color palette		
Share with Someone	Show or gift one piece to someone you love		
Mistake Reflection	Write or doodle one "mistake" that taught you something		