

# **St. Joseph Mentor Couple Ministry Overview**

## **Marriage Prep at St. Joseph for engaged couples involves:**

- Meeting with Clergy 2 -3 times.
- Attending an Engaged Retreat
- Completing a Natural Family Planning Course
- Meeting with a Mentor Couple (Meets 4-5 times, for about an hour)
- Planning the Liturgy and providing necessary paperwork.

## **Timeline**

Engaged couples are asked to complete their Mentor Couple meetings six months prior to their wedding.

## **Resources used by Mentor Couples**

- FOCCUS Inventory
- “Beloved” Video series: “The Mystery and Meaning of Marriage” by formed.org
- Personal Finance worksheet

## **FOCCUS**

Couples fill out the questionnaire Separately. Discussing the results are the basis for the meetings. Mentor couples send the link to the questionnaire to the couple separately.

## **Beloved Videos**

Engaged couples are provided a guidebook and the videos are available on formed.org.

Between meetings with their mentor couple, they view designated episodes and complete discussion questions and bring them along.

## **Personal Finance Worksheet**

This is given to the couple and is a point of discussion at one of the meetings.

## **Training for Mentor Couples**

**FOCCUS** – Mentor couples will have an online account set-up with FOCCUS.

For training, there is an online 3-hour video, with a quiz at the end.

You will receive an email with instructions, and a leader guide will be postal mailed to you.

St. Joseph covers the cost of the training.

**“Beloved” Videos (6) – “The Mystery and Meaning of Marriage”**

Please view the videos on your own and review the couples guide.