STAUNTON CITY SCHOOLS

November 2026 Menu

All Elementary Schools

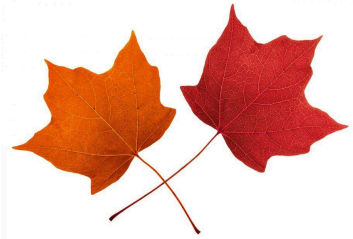
Menus subject to change based on product availability.

EVERY BREAKFAST
Served with assorted fresh fruit and a selection of unflavored milk. Granola & Yogurt Parfait offered daily

EVERY LUNCH
Offered with fresh fruit, a vegetable, and a milk selection. Students must take ½ cup fruit or vegetable.

AVAILABLE EVERY DAY
Sun butter and jelly with a cheese stick (dairy-free option available)
Chef salad with Zee Zee wheat crackers
Weekly featured lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CYCLE WEEK 3 ALL WEEK **Cheeseburger** offered every day this week, in addition to the daily lunch				
2 MON **BREAKFAST** – Warm Strawberry Pancake Puffs – Zee Zee Cocoa Cherry Bar **LUNCH** – Salisbury Patty over Saucy Egg Noodles with Cowboy Beans	**3 TUE** **No school — PL day**	**4 WED** **BREAKFAST** – Crispy Chicken Biscuit – Zee Zee Cocoa Cherry Bar **LUNCH** – Chicken Cheese Burrito with Street Corn Salad (lettuce, diced tomato & sour cream available)	**5 THU** **BREAKFAST** – Pancake Sausage Nugget – Zee Zee Cocoa Cherry Bar **LUNCH** – Bessie Bee's BBQ Chicken Bowl: Popcorn Chicken on Cheesy Mashed Potatoes with Buttered Corn & Hushpuppy	**6 FRI** **BREAKFAST** – Fiesta Egg & Cheese Croissant – Trix Fruity Muffin **LUNCH** – French Bread White Pizza with Marinara Dip & Broccoli Bites
CYCLE WEEK 4 ALL WEEK **Morning Star Chicken Nuggets** offered every day this week, in addition to the daily lunch				
9 MON **BREAKFAST** – Maple Mini Pancakes – Cinnamon Toast Crunch Muffin **LUNCH** – Chicken Tornados with Queso & Salsa, Buttered Confetti Corn	**10 TUE** **BREAKFAST** – Breakfast Burrito w/ Salsa – Zee Zee Cocoa Bar **LUNCH** – Southwest Egg Roll w/ Citrus Twist Rice & Cheesy Refried Beans & Salsa	**11 WED** **BREAKFAST** – Pancake & Sausage Sammy – Cocoa Bread Slice **LUNCH** – Breakfast for Lunch: French Toast Sticks, Morningstar Sausage & Potato Squares-Grab a cheese stick, too	**12 THU** **BREAKFAST** – Morning Star Breakfast Biscuit – Zee Zee Cocoa Bar **LUNCH** – Twisted Chicken Alfredo w/ Texas Toast & Spring Peas	**13 FRI** **BREAKFAST** – Turkey Ham & Cheese Croissant – Lemon Bread Slice **LUNCH** – Big Daddy Cheese Slice w/ Romaine Salad (Carrots, Tomato, Cucumber)
CYCLE WEEK 5 ALL WEEK **Rebellyous Chicken Tenders** offered every day this week, in addition to the daily lunch				

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16 MON **BREAKFAST** – Crispy Chicken Biscuit – Coco Cherry Zee Zee Bar **LUNCH** – Cheesy Stuffed Shells with Marinara – Broccoli Salad	**17 TUE** **BREAKFAST** – Cinnamon Toast Crunch Muffin – Berry Smoothie **LUNCH** – Beef Teriyaki Bites w/ Korean BBQ Dip, Brown Rice w/ Glazed Carrots	**18 WED** **BREAKFAST** – Turkey Sausage, Egg & Cheese Empanada – Coco Cherry Zee Zee Bar **LUNCH** – Blazing Basket: Buffalo Chicken Chunks, Spicy Onion Rings, Jalapeño Ranch Dip, Pinto Beans	**19 THU** **BREAKFAST** – Chicken Sausage & Cheese English Muffin – Blueberry Bread Slice **LUNCH** – Special Fall Break Meal. Click here for menu – Fall Break Meal flyer...	**20 FRI** **BREAKFAST** – Big K Waffle – Cocoa Puffs Bar **LUNCH** – Buffalo Chicken or Cheese Pizza – w/ Romaine Salad (Carrots, Tomato, Cucumber)
THANKSGIVING BREAK — no student meals served				
23 MON **Thanksgiving break**	**24 TUE** **Thanksgiving break**	**25 WED** **Thanksgiving break**	**26 THU** **Thanksgiving break**	**27 FRI** **Thanksgiving break**
CYCLE WEEK 1 ALL WEEK **Turkey Hot Dog on a Bun** offered every day this week, in addition to the daily lunch				
30 MON **BREAKFAST** – Confetti Pancakes – Coco Cherry Zee Zee Bar **LUNCH** – Lemony-Baked Chicken w/ Roll & Hot Fries	 KINDNESS MATTERS STAUNTON CITY SCHOOLS			

DURING EXTENDED BREAKS Need food during an extended school break? Contact Tina Capuano at tcapuano@staunton.k12.va.us for assistance.

Questions about a food allergy or special dietary need? See our list of known allergens in our menu items (Google Sheets). Please contact your school cafeteria manager or the School Nutrition office, and we would be glad to work with your family on a plan. We serve sun butter in place of peanut butter, and a dairy-free option is available with the daily sandwich. We are an Equal Opportunity provider.

STAUNTON CITY SCHOOLS
School Nutrition Program